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PhytoMulti® takes you beyond basic wellness support. It has a proprietary blend of 13 concentrated extracts and phytonutrients with scientifically tested biological activity to support cellular health and overall wellness*

Directions: Take one to three capsules once daily with food or as directed by your healthcare practitioner.

This product is non-GMO and gluten-free.

Warning: Do not use if pregnant or nursing. Pregnant women and women who may become pregnant should not exceed 3,000 mcg of preformed vitamin A (retinyl acetate) per day unless instructed to do so by a healthcare practitioner.

Caution: If taking medications consult your healthcare practitioner before use. Keep out of the reach of children.

Storage: Keep tightly closed in a cool, dry place.

For more information: PhytoMulti.com

Certified GF Gluten-Free

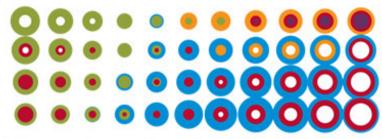
*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Metagenics

PhytoMulti® Capsules

Redefine Your Health Potential*



Phytonutrients • Vitamins • Minerals

DIETARY SUPPLEMENT

60 CAPSULES

Supplement **Facts**

Serving Size 3 Capsules† Servings Per Container 20

Vitamin C (as ascorbic acid and ascorbyl palmitate)	Amount Per Serving % Daily Value	Amount Per Serving % Daily Value
	Vitamin C (as ascorbic acid and ascorbyl palmitate) 120 mg 133% Vitamin D (as cholecalciferol) 25 mcg (1,000 IU) 125% Vitamin E (as d-alpha tocopheryl succinate) 67 mg 447% Vitamin K (as phytonadione USP) 120 mcg 100% Thiamin (as thiamin mononitrate) 25 mg 2,083% Riboflavin 15 mg 1,154% Niacin (as niacinamide and niacin) 50 mg 313% Vitamin B ₆ (as pyridoxine HCl) 25 mg 1,471% Folate (as calcium L-5-methyltetrahydrofolate) ^{††} 1,360 mcg DFE 340% Vitamin B ₁₂ (as methylcobalamin) 200 mcg 8,333% Biotin 500 mcg 1,667% Pantothenic Acid (as calcium D-pantothenate) 75 mg 1,500% Choline (as choline bitartrate) 25 mg 5% Iodine (as potassium iodide) 150 mcg 10% Magnesium (as magnesium citrate) 15 mg 136% Selenium (as selenium aspartate) 100 mcg 182% Copper (as copper citrate) 1 mg 111% Manganese (as manganese citrate)	Citrus bioflavonoid complex [standardized to 45% hesperidin], green coffee bean extract [standardized to 45% chlorogenic acid], pomegranate whole fruit extract [standardized to 43.2 mg gallic acid equivalents (GAE)], grape seed extract [standardized to 85% oligomeric proanthocyanidins], blueberry (Vaccinium spp.) fruit extract [standardized to 20% total polyphenols and 15% anthocyanins], green tea leaf extract [standardized to 60% catechins and 40% EGCG], bitter melon fruit extract, prune skin extract [standardized to 50% polyphenols], watercress aerial parts 4:1 extract, Chinese cinnamon (Cinnamomum cassia) bark powder, Indian gum Arabic tree bark and heartwood extract [standardized to 6% catechins], rosemary extract [standardized to 7.6% min sum of carnosol+carnosic acid], artichoke leaf extract [containing cynarin and chlorogenic acid] Myo-Inositol

Other Ingredients: Microcrystalline cellulose, capsule [hypromellose, sodium copper chlorophyllin (color), and gellan gum], stearic acid (vegetable), and magnesium stearate (vegetable).