



# WONDER

## Laboratories®

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#7533

# FORMULA 75

## Super Hi-Potency One Daily

### Multi Vitamin-Mineral

### w/ Beta Carotene

Dietary  
Supplement

## 30 TABLETS

## Supplement Facts

Serving Size 1 Tablet

Mfg. in an FDA Registered Facility  
using Good Manufacturing Practices  
(GMPs)

**TAMPER EVIDENT**  
Do Not Use If Printed Seal Under  
Cap is Broken or Missing

Amount Per Serving	% DV	Amount Per Serving	% DV
Vitamin A ..... 4500 mcg (RAE) ..... 500% (80% as beta carotene)(20% as palmitate)		Magnesium (as magnesium oxide) ..... 7 mg..... 2%	
Vitamin C (as L-ascorbic acid).....250 mg ..... 278%		Zinc (as zinc oxide) .....15 mg .....136%	
Vitamin D-3 (as cholecalciferol).....800 IU (20 mcg) ..... 100%		Selenium (as sodium selenite) ..... 10 mcg .....18%	
Vitamin E (as d-alpha tocopheryl succinate) ...150 IU (100 mg) ..... 667%		Manganese (as manganese sulfate) .....6 mg .....261%	
Thiamin (as thiamin hydrochloride) .....75 mg .... 6250%		Potassium (as potassium chloride) .....10 mg .....< 1%	
Riboflavin .....75 mg .... 5769%			
Niacin (as niacinamide) ..... 75 mg (NE) ..... 469%		Choline (as choline bitartrate) .....75 mg ..... *	
Vitamin B-6 (as pyridoxine hydrochloride).....75 mg .... 4412%		Inositol (as inositol cyclohexanehexol).....75 mg..... *	
Folate ..... 800 mcg (DFE) ..... 200% (400 mcg folic acid)		PABA (as para aminobenzoic acid ) .....75 mg ..... *	
Vitamin B-12 (as cyanocobalamin).....75 mcg .... 3125%		Lemon Bioflavonoids .....30 mg ..... *	
Biotin .....75 mcg ..... 250%		Rutin .....25 mg ..... *	
Calcium (as calcium carbonate and pantothenate) .....75 mg ..... 6%		Betaine (as betaine hydrochloride).....25 mg ..... *	
Iron (as ferrous fumarate).....10 mg ..... 56%		Glutamic Acid (as L-glutamic acid) .....25 mg ..... *	
Iodine (as potassium iodide)..... 150 mcg ..... 100%			

\* Daily Value not established.

**DIRECTIONS:** As a dietary supplement, take 1 tablet daily.

**WARNING:** Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose contact a doctor or poison control center immediately.

**CAUTION:** If you are pregnant or nursing, consult your physician before taking this product.

Other ingredients: Vegetable magnesium silicate, vegetable cellulose, silica, vanillin, rose hips, alfalfa, parsley. Contains fish (cod) & wheat ingredients. Keep tightly closed. Store at room temperature: 59°-86°F (15° to 30°C). Conforms to USP <2091> for weight.

Dist. by: **Wonder Laboratories®**, 115 S.C.T.Ct., White House, TN 37188

**Made in USA**

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