

Creatine is converted to phosphocreatine which is important for short energy bursts such as sprinting and weight lifting. Depletion of phosphocreatine can result in muscular fatigue and fading muscle power.

**TAMPER EVIDENT:** Do not use this product if imprinted foil seal under cap is broken or missing.

Keep tightly closed.

Store at room temperature: 59<sup>o</sup>-86<sup>o</sup> F (15<sup>o</sup>-30<sup>o</sup> C).

**KEEP OUT OF REACH OF CHILDREN.**

**NOTICE:** This product is sold by weight and not by volume. You can be assured of proper weight even though some settling of contents may occur during shipping and handling.

**CAUTION:** Creatine should be avoided by children, adolescents, pregnant women, nursing mothers or anyone at risk for renal disorders such as diabetics.



FORMULA  
725

WONDER

Laboratories®

# CREATINE Powder

Performance  
Enhancer

For Power and Strength Athletes

Free-Form Amino Acid

Gluten Free

Dietary Supplement

Net Wt. 16 oz (454 g)

## Supplement Facts

Serving Size 1 Teaspoon

Servings Per Container 90

Amount Per Serving	
Creatine monohydrate	(5000 mg) .... 5 grams*

\* Daily Value not established.

**DIRECTIONS:** As a dietary supplement, take 1 teaspoonful, preferably before and after exercise.

Mfg. in an FDA Registered Facility using Good Manufacturing Practices (GMPs)

Distributed by: **Wonder Laboratories®**  
115 S.C.T. Ct., White House, TN 37188  
**Made in USA**

Rev. #02