

SUGGESTED USE: For adults, take one (1) capsule once or twice daily before a meal, or as directed by your physician. Do not take more than two (2) servings per day.

CAUTION: Do not exceed recommended dose. Not intended for pregnant or nursing mothers. Not intended for children under 18 years of age. If you are taking medications (especially antidepressants), have a known medical condition, or are planning to have a medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Individuals with bipolar disorder and manic depression should avoid this supplement.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Lot # and Best by date printed on bottom of bottle.

NATURE AT ITS FINEST

Natures Craft[®]

SAM-e

Maximum Strength



Enhances Well-Being and Positive Mood*



Increases Brain Function*



Supports Joint & Liver Health*

60 Capsules

Dietary Supplement

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 60

	Amount Per Serving	%Daily Value
S-adenosyl-L-methionine tosylate disulfate	400mg	**
S-adenosyl-L-methionine	200mg	**

**Daily Value not established.

Other Ingredients: Hypromellose, Rice Flour, Magnesium Stearate, Gellan Gum

Manufactured Exclusively For:
Nature's Craft

Monsey, NY 10952

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