

Rugby®

COMPARE TO VITAMINS IN
ONE-A-DAY® ESSENTIAL*

Daily-Vite

**DAILY MULTIPLE
VITAMIN SUPPLEMENT**

**100
TABLETS**



**TAMPER RESISTANT - DO NOT USE IF IMPRINTED
SAFETY SEAL UNDER CAP IS BROKEN OR MISSING**

DIRECTIONS: Adults: One tablet daily, preferably with a meal.

Supplement Facts

Serving Size 1 Tablet

Amount per tablet	% Daily Value	
Vitamin A	3000 IU	60%
(from retinyl acetate and 17% beta carotene)		
Vitamin C (ascorbic acid)	60 mg	100%
Vitamin D3 (cholecalciferol)	400 IU	100%
Vitamin E (as dl-alpha tocopheryl acetate)	30 IU	100%
Thiamin (Vitamin B-1) (from thiamine mononitrate)	1.5 mg	100%
Riboflavin (Vitamin B-2)	1.7 mg	100%
Niacin (as niacinamide)	20 mg	100%
Vitamin B-6 (as pyridoxine HCl)	2 mg	100%
Folic Acid	400 mcg	100%
Vitamin B-12 (as cyanocobalamin)	6 mcg	100%
Pantothenic Acid (as d-calcium pantothenate)	10 mg	100%
Calcium (as calcium carbonate)	23 mg	2%

Other ingredients: Microcrystalline cellulose, gelatin, croscarmellose sodium, stearic acid, silica, starch, magnesium stearate, hypromellose, maltodextrin, sucrose, FD&C Red #40, titanium dioxide, FD&C Yellow #6, FD&C Blue #1, triacetin, propylene glycol.

Keep bottle tightly closed. Store between 15°-30°C (59°-86°F).

KEEP OUT OF REACH OF CHILDREN

*Rugby Laboratories Inc. is not affiliated with the owner of the trademark One-A-Day® Essential.

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Control No.:

Exp. Date:

Questions or comments?

Call 1-800-645-2158, weekdays 9 am-5 pm ET
www.rugbylaboratories.com



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