## Sunnlement Facts

Serving Size 1/4 teaspoon (750 mg) per 100 pounds body weig Servings Per Container Ingredients

Calories Other Ingredients All natural CON-CRET has no sugars, no fillers, no binders, no extenders or excipient \*Creatine HCI

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The World's First & Only Pure

## CONCENTRATED **CREATINE**

MICRO-DOSING Based on Body Weight

59 TIMES MORE POTENT THAN STANDARD CREATINES

Strength - Endurance - Recovery No Loading - No Side Effects

in the USA and complies with cGMP. These statements have not been evaluated by the Food & Drug Administration

CON-CRET is not a steroid. It is safe, legal, and natural, CON-CRET is made This product is not intended to diagnose, treat, cure or prevent any disease.

. Off days; take 1 scoop per 100 lbs, body weight to assist in muscle recovery.

Recommended Use: Take 1 hour prior to workout or competition. Mix with 4-6 ounces of juice or water. Can take on an empty stomach or with food.

Can mix with protein. No need to stack with other creatine products.

Safety: As with any supplement product maintain adequate hydration.

MICRO-DOSING®: No loading or cycling required.

. Normal workouts: 1 scoop per 100 lbs. body weight ,

. Intense workouts: 1-2 scoops per 100 lbs. body weight.

CON-CRET complies with all drug and doping control standards issued by professional and amateur athletic organizations.

www.CON-CRET.com

PATENT PENDING

NET WT 1.35 OZ (38.4 g)