

Myo-Folate®

Drink Mix for
Reproductive Wellness



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Supplement Facts

Serving Size: 2.4g
Servings Per Container: 30

	Amount Per Serving	% Daily Value
Calories	10	
Total Carbohydrate	2g	1%*
Folate (as 5-Methyltetrahydrofolate, calcium)	333 mcg DFE	83%
Myo-Inositol	2000mg	**

* Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value not established

Made in USA from domestic and
imported ingredients.

Distributed by Fairhaven Health, LLC
1410 11th Street Bellingham, WA 98225
www.fairhavenhealth.com (800) 367-2837 B03

- Formulated with myo-inositol to support ovarian health and egg quality*
- Includes folate to support preconception health*

DIETARY SUPPLEMENT 30 packets Unflavored Net WT 2.4g each

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Myo-Folate combines myo-inositol and folate, ingredients that support fertility and preconception health.*

Myo-inositol is a member of the B vitamin family, and has been studied as an insulin-sensitizing agent that supports egg quality and ovarian health.*

Adequate intake of folic acid may reduce the risk of neural tube defects. Myo-Folate contains methylfolate, the active form of folic acid used by the body.*



Directions for Use:

Mix one packet per day with 8 ounces or more of water or any non-carbonated beverage. Stir thoroughly to ensure contents dissolve completely.

Contains no gluten, dairy, artificial colors or artificial preservatives.

If you have a pre-existing medical condition or take any medications, please consult a doctor before use. Not intended for use during pregnancy or lactation. For adult use only - keep out of reach of children. Store in a cool, dry location.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

