

DIRECTIONS: A good cleansing program requires two steps: cleansing and maintenance.

For Thorough Cleansing: Take twelve (12) capsules twice daily, morning and evening, 30 minutes before meals for 14 days with at least 8 oz. of water. Always follow with another 8 oz. of water.

For Maintenance Care: Take seven (7) capsules once daily, upon arising or at bedtime with at least 8 oz. of water. Always follow with another 8 oz. of water.

TAMPER EVIDENT: Do not use this product if imprinted foil seal under cap is broken or missing.

Mfg. in an FDA Registered Facility using Good Manufacturing Practices (GMPs)

Keep tightly closed.

Store at room temperature: 59°-86°F (15° to 30°C).

WARNING: If you are pregnant, nursing, have a liver or intestinal disorder do not take this product. Follow directions for use. Take at least 8 oz. of liquid with capsules, follow with another 8 oz. of liquid.

NOTICE: This product contains Cascara. Read and follow directions carefully. Do not use if you have or develop diarrhea, loose stools, or abdominal pain because Cascara may worsen these conditions and be harmful to your health. Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, taking medication, or have a medical condition.



COLON CARE CAPSULES

Intestinal Health & Colon Care

Nutritionally Supports Healthy Regularity

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Dietary Supplement

300 CAPSULES

Supplement Facts

Serving Size 12 Capsules

Servings Per Container 25

	For cleansing (12 Capsules) Amount Per Serving	% DV	For maintenance (7 Capsules) Amount Per Serving	% DV
Vitamin C	120 mg ...	200%	70 mg....	117%
(as calcium ascorbate)				
Psyllium Husk (hulls)	8040 mg	*	4690 mg.....	*
Citrus Pectin (fruit & peel) 120 mg	120 mg	*	70 mg.....	*
Barley Grass (leaf)	120 mg	*	70 mg.....	*
Cascara Sagrada 4:1(bark) 30 mg	30 mg	*	17.5 mg.....	*
Enzyme Blend	4.8 mg	*	2.8 mg.....	*
Chlorella	120 mg	*	70 mg.....	*
Golden Seal 4:1 (root)	15 mg	*	8.75 mg.....	*
Alfalfa (leaf).....	120 mg	*	70 mg.....	*

* Daily Value not established.

Other ingredients: Gelatin, vegetable stearic acid, vegetable magnesium stearate.

KEEP OUT OF REACH OF CHILDREN.

Conforms to USP <2091> for weight. Meets USP <2040> disintegration for maximum bioavailability.

Distributed by: **Wonder Laboratories®**, 115 S.C.T. Ct.

White House, TN 37188

Rev. #05

Made in USA

