

**PROMERA  
SPORTS®**

Do not use if seal is broken.

**GET PUMPED\*...GET VASCULAR\***

PUMP™ is formulated to support Nitric Oxide levels and promote the benefits of vasodilation. Vasodilation amplifies the transport of oxygen and nutrients to the muscles, improving endurance and intensifying pumps. The scientifically selected ingredients of PUMP™ collectively support the body's ability to effectively remove catabolic waste\*.

For an unparalleled workout performance, stack PUMP™ with CON-CRET® Patented Creatine HCl® to ensure your workout ends as strong as it began.

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Manufactured by Viro Systems, Inc. 305 Williams Ave., Madison, TN 37115 USA  
Questions? Call 1-855-442-6466

Manufactured in the U.S.A. from domestic and international ingredients.

[www.promerasports.com](http://www.promerasports.com)

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**ADVANCED NITRIC OXIDE FORMULA\***

**PUMP™**

NATURALLY FLAVORED

**LEMON-LIME**

DIETARY SUPPLEMENT

NET WT 3.65 OZ (103.4 g)

**Supplement Facts**

Serving Size 1 Scoop (5.17 g)  
Servings Per Container 20

|                                             | Amount Per Serving | % DV** |
|---------------------------------------------|--------------------|--------|
| Niacin (Vitamin B3)                         | 20 mg              | 100%   |
| Arginine Alpha Ketoglutarate (AAKG)         | 1250 mg            | †      |
| Citrulline HCl                              | 1250 mg            | †      |
| Agmatine Sulfate                            | 500 mg             | †      |
| PurCal® (Organic Green Coffee Caffeine 95%) | 200 mg             | †      |
| L-Norvaline                                 | 26 mg              | †      |
| Pine Bark Extract                           | 25 mg              | †      |

\*\* Percent Daily Values are based on a 2,000 calorie diet. † Daily Value Not Established

**OTHER INGREDIENTS:** Citric Acid, Natural Flavors, Sucralose.  
Gluten free. No calories. No carbs. No sugar. No artificial colors or flavors.

**SUGGESTED USE:** Mix 1 scoop in 8 oz. of water prior to training. Limit to 2 servings per day.  
The amount of natural caffeine is 190 mg per serving.

**WARNINGS:** This product is not intended for individuals under the age of 18. Do not use if you are sensitive to caffeine. Consult your physician prior to using this or any other supplement or if you are taking any OTC or prescription medications. Do not exceed the recommended serving. Discontinue use immediately and consult your health care professional if you experience any adverse reaction to this product. Maintain adequate hydration. **KEEP OUT OF REACH OF CHILDREN. DO NOT USE THIS PRODUCT IF YOU ARE PREGNANT, CONTEMPLATING PREGNANCY OR NURSING. DO NOT USE 2 WEEKS PRIOR TO SURGERY.**

**NOTE:** Store in a cool, dry place.

**20  
SERVINGS**