



# ULTRA VITA-MEN

TIME RELEASE  
TABLETS FOR MEN

## Supports Energy Metabolism

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Gluten Free

Dietary Supplement  
250 TABLETS

## Supplement Facts

Serving Size 2 Tablets

Servings Per Container 125

| Amount Per Serving                                              | % DV               | Amount Per Serving                                             | % DV            |
|-----------------------------------------------------------------|--------------------|----------------------------------------------------------------|-----------------|
| Vitamin A (beta carotene & retinyl palmitate).....5000 IU ..... | 100%               | Alpha Lipoic Acid.....                                         | 30 mg ..... **  |
| Vitamin C (as L-ascorbic acid).....300 mg .....                 | 500%               | Choline Bitartrate.....                                        | 10 mg ..... **  |
| Vitamin D (as cholecalciferol) .....400 IU .....                | 100%               | Inositol .....                                                 | 10 mg ..... **  |
| Vitamin E .....100 IU .....                                     | 333%               | Boron .....                                                    | 2 mg ..... **   |
| (as d-alpha tocopheryl acetate)                                 |                    | Vanadium (as sodium metavanadate) ..                           | 10 mcg ..... ** |
| Vitamin K (as phytonadione) .....                               | 80 mcg ..... 100%  | Proprietary Amino Acid Blend .....                             | 150 mg ..... ** |
| Thiamin (Vitamin B-1)(as mononitrate) 50 mg.....                | 3333%              | (L-Taurine, L-Glutamine, L-Arginine, L-Valine, L-Cysteine,     |                 |
| Riboflavin (Vitamin B-2).....                                   | 50 mg ..... 2941%  | L-Leucine, N-Acetyl Carnitine Hydrochloride, L-Isoleu-         |                 |
| Niacin (as nicotinic acid).....                                 | 50 mg ..... 250%   | cine, L-Carnitine, L-Methionine)                               |                 |
| Vitamin B-6 (as pyridoxine HCl).....                            | 50 mg ..... 2500%  | M. S. M. Complex.....                                          | 100 mg ..... ** |
| Folic Acid.....                                                 | 400 mcg ..... 100% | (Methylsulfonylmethane (MSM), Silica (as Silicon               |                 |
| Vitamin B-12 (as cyanocobalamin).....                           | 50 mcg ..... 833%  | Dioxide), Collagen (Hydrolyzed Gelatin), Glucosamine           |                 |
| Biotin .....                                                    | 500 mcg ..... 167% | Hydrochloride, Chondroitin Sulfate)                            |                 |
| Pantothenic Acid .....                                          | 50 mg ..... 500%   | Men's Bioactive Blend .....                                    | 120 mg ..... ** |
| (as d-calcium pantothenate)                                     |                    | (Pumpkin Seed, Pygeum (bark), Oyster Extract, Saw              |                 |
| Calcium (as carbonate, phosphate & citrate) 200 mg .....        | 20%                | Palmetto Extract (fruit), Lycopene)                            |                 |
| Iodine (as potassium iodide).....                               | 150 mcg ..... 100% | Herbal Blend.....                                              | 120 mg ..... ** |
| Magnesium (as magnesium oxide).....                             | 100 mg ..... 25%   | (Garlic (bulb), Citrus Bioflavonoids (fruit), Bilberry (leaf), |                 |
| Zinc (as zinc oxide).....                                       | 25 mg ..... 167%   | Elderberry (fruit), Black Currant (fruit), Grape Seed Extract, |                 |
| Selenium (as sodium selenate) .....                             | 200 mcg ..... 286% | Brussels Sprouts Extract, Kale Extract, Cauliflower            |                 |
| Copper (as cupric oxide) .....                                  | 2 mg ..... 100%    | Extract, Celery Seed, Carrot Extract, Broccoli Extract,        |                 |
| Manganese (as manganese gluconate) ..                           | 2 mg ..... 100%    | Cabbage Extract, Astaxanthin Complex, Lutein, Zeaxan-          |                 |
| Chromium .....                                                  | 200 mcg ..... 167% | thin, Super Oxide Dismutase, Coenzyme Q-10)                    |                 |
| (as chromium picolinate)                                        |                    | Vitality Blend.....                                            | 100 mg ..... ** |
| Molybdenum (as sodium molybdate)... 75 mcg .....                | 100%               | (Ginkgo Biloba (leaf), Green Tea Extract (leaf), Cayenne       |                 |
| Chloride (as potassium chloride) .....                          | 26 mg ..... 1%     | Pepper (fruit), Spirulina (plant), Korean Ginseng (root)).     |                 |
| Potassium (as potassium chloride).....                          | 30 mg ..... 1%     | Pycnogenol ® .....                                             | 1 mcg ..... **  |

\*\* Daily Value not established.

**DIRECTIONS:** For adult men, as a dietary supplement, take two (2) tablets daily, preferably with a meal.

**TAMPER EVIDENT:** Do not use this product if imprinted foil seal under cap is broken or missing.

Keep tightly closed. Store at room temperature: 59°-86°F (15° to 30°C).

Mfg. in an FDA Registered Facility using Good Manufacturing Practices (GMPs)

Conforms to USP <2091> for weight. Meets USP<2040> disintegration for maximum bioavailability.

Other ingredients: Vegetable cellulose, vegetable stearic acid, povidone, vegetable magnesium stearate.

Contains milk, soy and shellfish (shrimp, crab, lobster, crayfish) ingredients.

Pycnogenol® is a registered trademark of Horphag Research Ltd. Use of this product is protected by one or more of U. S. Patents #5,720,956 /#6,372,266 and other international patents.

**CAUTION:** This product is intended for use by men and is not for use women. If you are taking any medications or planning any medical procedure, consult your doctor before use. Not intended for use by persons under the age of 18. Diabetics / Hypoglycemics use only under a doctor's supervision because this product contains chromium which may enhance insulin sensitivity and may affect your blood glucose levels. Rev. #03

**No** Artificial Color or Flavor, **No** Preservatives, **No** Sugar, **No** Gluten, **No** Wheat, **No** Yeast.