

Myo-inositol is a naturally occurring substance belonging to the B complex family of vitamins.



# Myo-Inositol

for women and men

## Supplement Facts

Serving Size: 4 capsules  
Servings Per Container: 30

	Amount Per Serving	% Daily Value
Myo-Inositol	2000 mg	**

\*\* Daily Value not established

Other ingredients: microcrystalline cellulose, vegetable capsule (hypromellose), silicon dioxide, magnesium stearate.

Caution: Keep out of reach of children. For adults only. If you have a pre-existing medical condition, or are taking an antidepressant medication, please consult a doctor before use. If tamper seal is broken or missing, do not use. Discontinue use once pregnancy has been confirmed by urine or blood test.

No wheat, gluten, yeast, dairy, animal products, artificial colors, or artificial preservatives.

Distributed by Fairhaven Health, LLC  
1410 11th St Bellingham, WA 98225 LOS  
[www.fairhavenhealth.com](http://www.fairhavenhealth.com)

### Recommended Use:

As a dietary supplement, take 4 capsules daily with a meal.

May be taken with other Fairhaven Health male and female fertility supplements.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Made in the USA of imported and domestic ingredients

- Supports hormonal balance\*
- Supports ovarian function and egg quality in women\*
- Supports a healthy menstrual cycle\*
- Supports sperm health in men\*

DIETARY SUPPLEMENT

120 Capsules  
One Month Supply

