DIRECTIONS: A good cleansing program requires two steps: cleansing and maintenance. For Thorough Cleansing: Mix one (1) tablespoon of powder with at least 8 oz. of water or juice. Stir thoroughly and drink immediately. Do this morning and evening, 30 minutes before meals for 14 days. Always follow with another 8 oz. of water.

For Maintenance Care: Mix one (1) teaspoon of powder with at least 8 oz. of water or juice. Stir thoroughly and drink immediately. Do this once daily upon arising or at bedtime.

TAMPER EVIDENT: Do not use this product if imprinted foil seal under cap is broken or missing. Mfg. in an FDA Registered Facility using Good Manufacturing Practices (GMPs)
Keep tightly closed. Store at room temperature: 59°-86°F (15° to 30°C).

KEEP OUT OF REACH OF CHILDREN.

WARNING: If you are pregnant, nursing, have a liver or intestinal disorder do not take this product. Follow directions for use. Take in at least 8 oz. of liquid, followed by another 8 oz. of liquid.

NOTICE: This product contains Cascara. Read and follow directions carefully. <u>Do not use if you have or develop diarrhea</u>, <u>loose stools</u>, or abdominal pain because Cascara may worsen these conditions and be harmful to your health. Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, taking medication, or have a medical condition.



Nutritionally Supports Healthy Regularity

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat,

Dietary Supplement

cure or prevent any disease.

Net Wt 16 oz (454 g)

Supplement Facts

Serving Size 1 Tablespoon

Servings Per Container 45

Serving Size 1 Tablespoon S		Servings Per Container 45	
	For cleansing 1 Tablespoon (abou Amount Pe Serving	ut 10 g)	For maintenance 1 Teaspoon (about 3 g Amount Per Serving % DV
Vitamin C (as calcium as	corbate)115 mg	192%	35 mg 58%
Psyllium Husk (hulls) Citrus Pectin (fruit & peel) Barley Grass (aerial parts Cascara Sagrada P.E. 4: Enzyme Blend Chlorella Goldenseal 4:1 (root) Alfalfa (leaf)		* * * * *	2615 mg

^{*} Daily Value not established.

Other ingredients: Natural orange flavor, stevia, maltodextrin.
Dist. by: Wonder Laboratories ®, 115 S.C.T. Ct., White House, TN 37188
Made in USA

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