

FH PRO for Women offers a comprehensive preconception multivitamin plus support for fertility and reproductive health with ingredients including Myo-Inositol, D-Chiro Inositol, Methylfolate, and Antioxidants.*

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

If tamper seal is broken or missing, do not use. Please consult a doctor before taking FH PRO for Women if you have been prescribed a medication or herbal supplement for depression or anxiety.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Distributed by Fairhaven Health, LLC
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Made in the USA of imported and domestic ingredients
www.fairhavenhealth.com

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FH PROTM

for women

- Offers Comprehensive Preconception Vitamin and Mineral Support Plus Ingredients Targeted for Reproductive Health*

- With Myo-Inositol, D-Chiro Inositol, MethylFolate, CoQ10, Alpha Lipoic Acid, and N-Acetyl-L-Cysteine



FAIRHAVEN HEALTH®

DIETARY SUPPLEMENT
180 Capsules / One Month Supply

Recommended Use: As a dietary supplement, take 6 capsules daily.

Supplement Facts

Serving Size: 6 capsules
Servings Per Container: 30

	Amount Per Serving	% Daily Value
Vitamin A (as beta-carotene)	1500mcg	170%
Vitamin C (as ascorbic acid)	240mg	270%
Vitamin D (as cholecalciferol)	70mcg (2800IU)	350%
Vitamin E (as d-alpha tocopheryl succinate and mixed tocopherols)	87mg	450%
Vitamin K (as phytonadione (K1) and menaquinone-4 (K2))	80mcg	70%
Thiamin (as thiamine HCl)	3mg	250%
Riboflavin (as riboflavin-5-phosphate)	3.4mg	260%
Niacin (as niacinamide)	40mg	250%
Vitamin B6 (as pyridoxal-5-phosphate)	4mg	240%
Folate (as L-5-methyltetrahydrofolate, calcium)	1360mcg DFE	340%
Vitamin B12 (as methylcobalamin)	12mcg	500%
Biotin (as d-biotin)	600mcg	2000%
Pantothenic Acid (as d-calcium pantothenate)	20mg	400%
Choline (as choline bitartrate)	50mg	10%
Iron (as iron glycinate)	18mg	100%
Iodine (as potassium iodide)	150mcg	100%
Zinc (as zinc citrate)	30mg	270%
Selenium (as selenomethionine)	70mcg	130%
Copper (as copper sulfate)	1mg	110%
Manganese (as manganese bisglycinate chelate)	2mg	90%
Chromium (as chromium picolinate)	240mcg	690%
Molybdenum (as molybdenum glycinate chelate)	75mcg	170%
Myo-Inositol	2000mg	**
CoQ10 (as ubiquinone)	300mg	**
Alpha Lipoic Acid	100mg	**
D-Chiro-Inositol	50mg	**
Grape Seed Extract	50mg	**
trans-Resveratrol Extract (from Polygonum cuspidatum) (root)	50mg	**
N-Acetyl-L-Cysteine	50mg	**
Melatonin	2mg	**
Benfotiamine	1mg	**

** Daily Value not established.

Other ingredients: Vegetable capsule (hypromellose), microcrystalline cellulose, magnesium stearate (vegetable source), silicon dioxide.