



FORMULA
489

WONDER

Laboratories

B50

CAPSULES

B-COMPLEX

Dietary Supplement

Gluten Free

120 CAPSULES

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving

% DV

Amount Per Serving

% DV

Thiamin 50 mg 3333%
(as thiamin mononitrate)

Riboflavin (vitamin B-2) 50 mg 2941%

Niacin (as niacinamide) 50 mg 250%

Vitamin B-6 50 mg 2500%
(as pyridoxine hydrochloride)

Folic Acid 400 mcg 100%

Vitamin B-12 50 mcg 833%
(as cyanocobalamin)

Biotin (as d-biotin) 50 mcg 17%

Pantothenic Acid 50 mg ... 500%
(as calcium pantothenate)

Choline Bitartrate 50 mg *

Inositol 50 mg *

PABA 50 mg *
(as para-aminobenzoic acid)

Proprietary Blend 5 mg *
(alfalfa leaf, watercress (aerial), parsley leaf,
soy lecithin, rice bran)

* Daily Value not established.

TAMPER EVIDENT: Do not use this product if imprinted foil seal under cap is broken or missing. Keep tightly closed. Store at room temperature: 59°-86°F (15° to 30°C). **KEEP OUT OF REACH OF CHILDREN.** Conforms to USP <2091> for weight. Meets USP <2040> disintegration for maximum bioavailability. Mfg. in an FDA Registered Facility using Good Manufacturing Practices (GMPs)

CAUTION: If you are pregnant or nursing do not take this product.

DIRECTIONS: As a dietary supplement, take 1 to 2 capsules daily.

No artificial color or flavor, No preservatives, No sugar, No starch, No milk, No lactose, No gluten, No wheat, No yeast, No fish, sodium free.

Other ingredients: Gelatin, vegetable cellulose, vegetable magnesium stearate, silica.

Distributed by: **Wonder Laboratories**®, 115 S.C.T. Ct., White House, TN 37188 **Made in USA**

