











SUGGESTED USE: Mix one scoop (39.5 g) in 8 ounces of either hot or cold water around bedtime

**TAMPER EVIDENT:** Use only if bottle is sealed. Store tightly sealed in a cool, dry place. WARNING: If pregnant, nursing, or trying to conceive, consult your health-care



practitioner before using this product.





†This product uses Albion's TRAACS® Magnesium Bisglycinate Chelate Taste Free. TRAACS is a registered trademark of Albion International, Inc. ++This product uses Pharma Foods International's Gamma-Aminobutyric Acid (PharmaGABA®). PharmaGABA is a registered trademark of Pharma Foods International. †††This product uses Sunfiber® AG. Sunfiber AG is a registered trademark of Taivo International, Inc.++++This product uses Tate and Lyle's Purefruit Select™ (Monk Fruit concentrate), Purefruit Select is a trademark of Tate and Lyle Ingredients Americas, LLC

WARNING FOR CALIFORNIA RESIDENTS ONLY: Consuming this product can expose you to chemicals, including lead, which is known to the State of California to cause birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food. See also www.thorne.com/prop-65.



........

RecoveryPro® Chocolate Flavored

**DIETARY SUPPLEMENT** 



## SUPPLEMENT FACTS

Serving Size: One Scoop (39.5 g) Servings Per Container: 12

One Scoop (39.5 g) Contains:		%DV	One Scoop (39.5 g) Contains:
Calories	140		Magnesium (as TRAACS® Magnesium
Total Fat	6 g	8%*	Bisglycinate Chelate Taste Free)†
Saturated Fat	5 g	25%*	Sodium
Cholesterol	10 mg	3%*	Potassium
Total Carbohydrate	9 g	3%*	Hydrolyzed Whey Protein Concentrate
Dietary Fiber	2 g	7%*	L-Tryptophan
Total Sugars	2 g	**	Gamma-Aminobutyric Acid (GABA)†
Includes 2 g of Added Sugars		4%*	*Percent Daily Values are based on a
Protein	13 g	26%*	** Daily Value (DV) not established.
Calcium	88 mg	7%*	

%DV	One Scoop (39.5 g) Contains:		%DV	
8%*	Magnesium (as TRAACS® Magnesium Bisglycinate Chelate Taste Free)†	125 mg	30%*	
5%*	Sodium	253 mg	11%*	
3%*	Potassium	265 mg	6%*	
3%*	Hydrolyzed Whey Protein Concentrate, Lecithin	15.9 g	**	
7%*	L-Tryptophan	390 mg	**	
**	Gamma-Aminobutyric Acid (GABA)††	100 mg	**	
4%*	*Percent Daily Values are based on a 2,000 calorie diet.			

Other Ingredients: Creamer (Coconut Oil, Lactose, Sodium Caseinate, Dipotassium Phosphate and Silicon Dioxide), Alkalized Cocoa Powder,

Evaporated Cane Juice Sugar, Organic Rice Fiber.

Contains ingredients derived from milk (Hydrolyzed Whey Protein Concentrate, Lactose and Sodium Caseinate) and from soy (Lecithin).

‡This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Tapioca Maltodextrin, Chocolate Flavor, Sea Salt, Xanthan Gum, Guar Gum+++, Monk Fruit concentrate (fruit) (Siraitia grosvenorii)++++,

manufactured by: THORNE RESEARCH, INC., 1-800-228-1966

