

DIRECTIONS: FOR ADULTS, TAKE TWO (2) CAPSULES THREE TIMES DAILY, PREFERABLY WITH MEALS. Capsules may be opened and prepared as a tea. As a reminder, discuss the supplements and medications you take with your health care providers.

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 75

Amount Per Serving	%Daily Value	
St. John's Wort Extract	300 mg	***
(<i>Hypericum perforatum</i>) (aerial)		
(Standardized to contain 0.3% Hypericin, 0.9 mg)*		

***Daily Value not established.

Other Ingredients: Maltodextrin, Gelatin. **Contains <2% of:** Magnesium Silicate, Silica, Vegetable Magnesium Stearate.

Questions? Call toll free 1-888-VITAHELP (848-2435)
or visit us at www.sundownnaturals.com

Manufactured by REXALL SUNDOWN, INC.
Boca Raton, FL 33487 USA

Sundown
Naturals

St. John's Wort

300 MG
EXTRACT PER SERVING*

Standardized
Extract

Supports A Positive Mood**

150 CAPSULES HERBAL SUPPLEMENT

**Smart
Facts**

St. John's Wort helps to support a positive mood and emotional balance.**

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Avoid excessive exposure to sun and other sources of ultraviolet light when using this product. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

KEEP OUT OF REACH OF CHILDREN.
STORE AT ROOM TEMPERATURE AND
AVOID EXCESSIVE HEAT. TAMPER
RESISTANT: DO NOT USE IF SEAL
UNDER CAP IS BROKEN OR MISSING.



**FREE OF
Gluten &
Wheat**



PLEASE
RECYCLE



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