

advanced
nutrition by

ZAHLER

multi vitamin

One Daily

Daily Multivitamin
With 20 Vitamins &
Minerals + Spectra™
Blend*

✓vegan



Dietary Supplement
60 Capsules

Directions: Take 1 capsule daily with food,
or as directed by a healthcare practitioner.

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 60

	Amount Per Serving	%DV
Vitamin A (as Beta Carotene and Retinyl Palmitate)	900 mcg	100%
Vitamin C (from PureWay-C™ Ascorbic Acid)	45 mg	50%
Vitamin D3 (As Cholecalciferol) (From Lichen) (Vegan)	50 mcg	250%
Vitamin E (as D-Alpha Tocopheryl Succinate)	7.5 mg	50%
Vitamin K2 (as Menaquinone-7)	90 mcg	75%
Thiamin (as Thiamine HCl)	1.2 mg	100%
Riboflavin (as Riboflavin-5-Phosphate Sodium)	1.3 mg	100%
Niacin (as Inositol Hexanicotinate)	16 mg	100%
Vitamin B6 (as Pyridoxal-5-Phosphate)	1.7 mg	100%
Folate (as L-5-Methyltetrahydrofolate Calcium)	400 mcg DFE	100%
Vitamin B12 (as Methylcobalamin)	24 mcg	1,000%
Iron (as Ferrous Bisglycinate Chelate) (Ferrochel™)	4.5 mg	25%
Iodine (as Potassium Iodide)	75 mcg	50%
Magnesium (from Sinarg™ Magnesium Oxide)	42 mg	10%
Zinc (as Zinc Arginate Chelate) (TRAACS™)	11 mg	100%
Selenium (as Methylselenocysteine)	55 mcg	100%
Copper (as Copper Bisglycinate Chelate) (TRAACS™)	0.45 mg	50%
Manganese (as Manganese Bisglycinate Chelate) (TRAACS™)	1.15 mg	50%
Chromium (as Chromium® 3+ Chromium stabilized with Capros® Amla Fruit Extract and Primavie® Shilajit Gum Resin Extract, Chromium Chloride Hexahydrate)	35 mcg	100%
Molybdenum (as Molybdenum Glycinate Chelate) (TRAACS™)	22.5 mcg	50%
Spectra™ Blend	100 mg	*
Coffee Fruit Extract, Green Tea Leaf Extract, Broccoli Sprout, Onion Bulb Extract, Apple Fruit Extract, Quercetin, Acaioba Fruit Extract, Tomato Fruit, Broccoli Root and Stems, Cabbage Palm Fruit, Turmeric Root, Garlic Bulb, Basil Leaf, Oregano Leaf, Camu Camu, Carrot Root, European Elder Fruit, Mangosteen Fruit, Camu Camu Fruit, Black Currant Fruit Extract, Blueberry Fruit Extract, Raspberry Fruit, Blackberry Fruit, Spinach Leaf, Acaioba prunifolia Fruit, Galbanu Leaf, Sweet Cherry Fruit, Bilberry Fruit Extract, Rosella flower, Val. geraniifolia Sprout.		
Parthenine	5 mg	*

*Daily Value (DV) not established.

Other Ingredients: Hypromellose (Capsule), Organic Rice Hull Concentrate.

Distributed by: Advanced Nutrition
by Zahler® Brooklyn, NY 11230
www.zahlers.com



Store in a cool,
dry place, away
from direct sunlight.

KOSHER
PAREVE



UNDER THE STRICT
SUPERVISION OF
RABBI SH. STERN &
THE ORTHODOX UNION



Built Clean:
Free of synthetic
binders and fillers.

Multi One Daily Benefits

Superior Nutrition from Superior Sources Provides a body-ready and bioactive complex of vitamins & minerals (includes methylated, phosphorylated, chelated & coenzyme forms) for maximum absorption & activity.*

Spectra™ - Wholefood Fruit & Veggie Complex Spectra™ is a scientifically created, clinically studied & published, phytonutrient-loaded blend of 29 plant extracts that support cellular health and antioxidant action.*

Includes 20 Essential Vitamins & Minerals, all in a one-a-day capsule serving. This comprehensive combination provides the nutrients necessary to fill in the gaps of daily nutrition.*



Questions?
877-ASK-ZAHLER
(877-275-9245)
ask@zahlers.com

Let's Connect!
@ZahlerNutrition
fZahlerNutrition

**Feel Better,
Everyday™**

Multi One Daily provides a complete body-ready and bioactive multivitamin formula plus Spectra™, a real superfood base comprised of 29 selected fruits and vegetables with validated antioxidant action*.

- Supports general wellness*
- Clean label compliant*
- Convenient once-daily capsule*

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

WARNING: Since this product contains Vitamin K2, discontinue use two weeks prior to surgery.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

KEEP OUT OF REACH OF CHILDREN. Do not use if safety seal is damaged or missing. If pregnant, nursing or on medication, consult with your healthcare practitioner.