

advanced
nutrition by

ZAHLE



multi vitamin

Beauty

Daily Multivitamin
+Hair, Skin & Nail Support
With Arava & Silica*

✓egan

Directions: Take 2 capsules daily, preferably 1 capsule twice a day with food, or as directed by a healthcare practitioner.

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 30

	Amount Per Serving	%DV
Vitamin A (as Beta Carotene)	900 mcg	100%
Vitamin C (from PureWay-C™ Ascorbic Acid)	180 mg	200%
Vitamin D3 (As Cholecalciferol) (From Lichen) (Vegan)	40 mcg	200%
Vitamin E (as D-Alpha Tocopheryl Succinate)	15 mg	100%
Vitamin K2 (as Menaquinone-7)	120 mcg	100%
Thiamin (as Thiamine HCl)	0.6 mg	50%
Riboflavin (as Riboflavin-5-Phosphate Sodium)	0.65 mg	50%
Niacin (as Inositol Hexanicotinate)	8 mg	50%
Vitamin B6 (as Pyridoxal-5-Phosphate)	0.85 mg	50%
Folate (as L-5-Methyltetrahydrofolate Calcium)	400 mcg DFE	100%
Vitamin B12 (as Methylcobalamin)	24 mcg	1,000%
Biotin	90 mcg	300%
Iron (as Ferrous Bisglycinate Chelate) (Ferrochel™)	6 mg	33%
Iodine (as Potassium Iodide)	75 mcg	50%
Magnesium (from Simag™ Magnesium Oxide)	84 mg	20%
Zinc (as Zinc Arginate Chelate) (TRACS™)	11 mg	100%
Selenium (as Methylselenocysteine)	55 mcg	100%
Copper (as Copper Bisglycinate Chelate) (TRACS™)	0.45 mg	50%
Manganese (as Manganese Bisglycinate Chelate) (TRACS™)	1.15 mg	50%
Chromium (as Chrominex® 3+ Chromium stabilized with Capros® Amla Fruit Extract and PrimaVie® Shilajit Gum Resin Extract, Chromium Chloride Hexahydrate)	70 mcg	200%
Molybdenum (as Molybdenum Glycinate Chelate) (TRACS™)	22.5 mcg	50%
Bamboo Stem/Shoot Extract (Silica)	100 mg	*
Spectra™ Blend	100 mg	*
Coffee Fruit Extract, Green Tea Leaf Extract, Broccoli Sprout, Onion Bulb Extract, Apple Fruit Extract, Quercetin, Amla Fruit Extract, Tomato Fruit, Broccoli Flower and Stems, Cabbage Palm Extract, Turmeric Root, Garlic Bulb, Basil Leaf, Oregano Leaf, Camia Bark, Carrot Root, European Elder Fruit, Mangosteen Fruit, Camu Camu Fruit, Black Currant Fruit Extract, Blueberry Fruit Extract, Raspberry Fruit, Blackberry Fruit, Spruce Leaf, Aronia prunifolia Fruit, Goats Head, Sweet Cherry Fruit, Bilberry Fruit Extract, Brassica oleracea var. gemmifera Sprout.		
Astaxanthin (from 100 mg ActaPure® Arava Haematococcus pluvialis Algae Powder)	3 mg	*
Pantothine	2.5 mg	*

*Daily Value (DV) not established.

Other Ingredients: Hypromellose (Capsule), Organic Rice Hull Concentrate.

Distributed by: Advanced Nutrition
by Zahler® Brooklyn, NY 11230
www.zahlers.com



Store in a cool,
dry place, away
from direct sunlight.

Multi Beauty Benefits

Superior Nutrition from Superior Sources Provides a body-ready and bioactive complex of vitamins & minerals (includes methylated, phosphorylated, chelated & coenzyme forms) for maximum absorption & activity.*

Spectra™ - Wholefood Fruit & Veggie Complex Spectra™ is a scientifically created, clinically studied & published, phytonutrient-loaded blend of 29 plant extracts that support cellular health and antioxidant action.*

Beauty-Specific Support with Arava & Silica A synergistic complex that protects, supports, and renews, providing structural support for collagen. Supports skin moisture & resilience, lustrous hair, and strong nails.*



Questions?
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ask@zahlers.com

Let's Connect!
☑ [Zahlernutrition](http://Zahlernutrition.com)
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Feel Better,
Everyday™

In addition to providing a complete body-ready and bioactive multinutrient formula with Spectra™, Multi Beauty features **Arava**, a whole algae-sourced Astaxanthin complex for antioxidant and UV protection, and natural **Silica** derived from Bamboo Shoot/Stem, the richest known source of Silica. These plant-based actives support*:

- Moist, resilient and healthy skin*
- Thick and lustrous hair*
- Strong and firm nails*

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

WARNING: Since this product contains Vitamin K2, discontinue use two weeks prior to surgery.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

KEEP OUT OF REACH OF CHILDREN. Do not use if safety seal is damaged or missing. If pregnant, nursing or on medication, consult with your healthcare practitioner.



Dietary Supplement
60 Capsules

KOSHER
PARVE



UNDER THE STRICT
SUPERVISION OF
RABBI SH. STERN &
THE BETH SHOLOM UNION



Built Clean:
Free of synthetic
binders and fillers.