

MUSCLE FEAST

Muscle Feast TMG Betaine Anyhdrous, scientifically referred to as trimethylglycine, is a metabolite of choline. Betaine's two main functions in the body are as a methyl donor and osmolyte. As an osmolyte, betaine protects proteins, cells, and enzymes from heat, dehydration, and other physiological stresses. As a methyl donor, betaine is used to convert homocysteine to L-methionine, and is therefore, a precursor to creatine.*

SUGGESTED USE:

As an adult dietary supplement, take one 3cc serving (2.2g) one to two times daily with water or beverage of choice.



MIX 1 LEVEL (2.2g) SCOOP WITH 6-8 OZ. WATER OR BEVERAGE OF CHOICE UP TO 3 TIMES A DAY.

NON-GMO



MUSCLE FEAST

134 SERVINGS
DIETARY SUPPLEMENT
NET WEIGHT 10.56 OZ (300g)

TMG
2200mg PER SERVING / PURE BETAINE ANHYDROUS

UNFLAVORED

Keep tightly closed in a cool, dry place away from sunlight.

KEEP OUT OF REACH OF CHILDREN.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Do not exceed the recommended dose. Consult your physician before using this product. Do not use this product if you are pregnant or nursing. Do not use this product if you are taking ANY prescription medication. Do not use this product if you are under the age of 18.

MANUFACTURED BY:

MUSCLE FEAST

1320 BOSTON ROAD
NASHPORT, OH 43830
(888) 734-3634

WWW.MUSCLEFEAST.COM

Supplement Facts

Serving Size: 1 Level 3cc Scoop (2.2 grams)
Servings Per Container: 134

| | Amount Per Serving | %DV* |
|---|--------------------|------|
| Tri MethylGlycine (TMG) (Betaine Anhydrous) | 2200mg | † |

†Daily Value not established

OTHER INGREDIENTS: None.

WARNING: This product is manufactured in a GMP compliant plant that processes milk.

