



Eye Health[†]



Foundational



Healthy Aging[†]

SUGGESTED USE: Take 4-8 capsules daily or as recommended by your health-care practitioner.

TAMPER EVIDENT: Use only if bottle is sealed. Store tightly sealed in a cool, dry place.

If pregnant, consult your health-care practitioner before using this product.



GLUTEN FREE

[†]This product uses Gnosis S.p.A.'s L-5-Methyltetrahydrofolic Acid, Glucosamine Salt (Quatrefolic®). Quatrefolic is a registered trademark of Gnosis S.p.A. ^{††}This product uses Albion's DimaCal® DiCalcium Malate. DimaCal is a registered trademark of Albion International, Inc. ^{†††}This product uses Albion® DiMagnesium Malate. Albion is a registered trademark of Albion International, Inc. ^{††††}This product uses Albion's TRAACS® Chromium Nicotinate Glycinate Chelate, Copper Bisglycinate Chelate, Manganese Bisglycinate Chelate, and Zinc Bisglycinate Chelate. TRAACS is a registered trademark of Albion International, Inc. ^{†††††}This product uses Indena S.p.A.'s bilberry extract (Mirtoselect®). Mirtoselect is a registered trademark of Indena S.p.A. ^{††††††}This product uses Albion's Bororganic™ Boron Glycinate Complex. Bororganic is a trademark of Albion International, Inc.

[†]This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

THORNE®

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Advanced Nutrients

DIETARY SUPPLEMENT

240
CAPSULES

SUPPLEMENT FACTS

Serving Size: Eight Capsules

Servings Per Container: 30

Eight Capsules Contain:		%DV	Eight Capsules Contain:		%DV
Vitamin A (375 mcg from Beta Carotene and 750 mcg as Palmitate)	1.125 mg	125%	Zinc (as TRAACS® Zinc Bisglycinate Chelate)††††	15 mg	136%
Vitamin C (as Ascorbic Acid)	850 mg	944%	Selenium (as L-Selenomethionine)	200 mcg	364%
Vitamin D (as Vitamin D3) (2,000 IU)	50 mcg	250%	Copper (as TRAACS® Copper Bisglycinate Chelate)††††	1.5 mg	167%
Vitamin E (200 IU as d-Alpha Tocopherol from Mixed Tocopherols)	134 mg	893%	Manganese (as TRAACS® Manganese Bisglycinate Chelate)††††	6 mg	261%
Vitamin K (50 mcg as Vitamin K1 and 50 mcg as Vitamin K2 as MK-7)	100 mcg	83%	Chromium (as TRAACS® Chromium Nicotinate Glycinate Chelate)††††	200 mcg	571%
Thiamin (as Thiamin HCl)	40 mg	3,333%	Quercetin Phytosome (<i>Sophora japonica</i> extract (flower) / Phospholipid complex from Sunflower)	100 mg	*
Riboflavin (as Riboflavin 5'-Phosphate Sodium)	10 mg	769%	Bilberry extract (fruit) (<i>Vaccinium myrtillus</i>)†††††	80 mg	*
Vitamin B6 (as Pyridoxal 5'-Phosphate)	10 mg	588%	Nicotinamide Riboside Hydrogen Malate	45 mg	*
Folate (1 mg as L-5-Methyltetrahydrofolate† from L-5-Methyltetrahydrofolic Acid, Glucosamine Salt)	1.7 mg DFE	425%	Trans-Resveratrol	25 mg	*
Vitamin B12 (as Methylcobalamin)	450 mcg	18,750%	Mixed Carotenoids (1 mg as Lutein, 1 mg as Astaxanthin, 1 mg as Zeaxanthin, and 1 mg as Lycopene)	4 mg	*
Biotin	400 mcg	1,333%	Boron (as Bororganic™ Boron Glycinate Complex)††††††	3 mg	*
Pantothenic Acid (as Calcium Pantothenate)	450 mg	9,000%			
Choline (as Choline Citrate)	35 mg	6%			
Calcium (as DimaCal® DiCalcium Malate)††	250 mg	19%			
Iodine (as Potassium Iodide)	225 mcg	150%			
Magnesium (as Albion® DiMagnesium Malate)†††	250 mg	60%			

*Daily Value (DV) not established.

Other Ingredients: Hypromellose (derived from cellulose) capsule, Microcrystalline Cellulose, Calcium Laurate, Silicon Dioxide.

WARNING FOR CALIFORNIA RESIDENTS ONLY: Consuming this product can expose you to chemicals, including lead, which is known to the State of California to cause birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/ food. See also www.thorne.com/prop-65.

manufactured by: THORNE RESEARCH, INC., 1-800-228-1966



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