DIRECTIONS: As a dietary supplement, take capsule two times daily, morning and evening, preferably with a meal.

TAMPER EVIDENT: Do not use this product if imprinted foil seal under cap is broken or missing.

Mfg. in a Ko Kosher Certified, FDA Registered Facility, using Good Manufacturing Practices (GMPs)

CAUTION: If you are pregnant or nursing, consult your physician before taking this product.

Keep tightly closed.

Store at room temperature: 59°-86°F (15° to 30°C). KEEP OUT OF REACH OF CHILDREN.

Conforms to USP <2091> for weight. Meets USP <2040> disintegration for maximum bioavailability.

FOSTER REGAL The Best Choice™

B-12 FACTOR

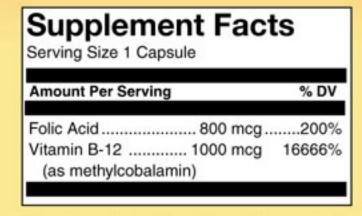
Methyl B-12 with Intrinsic Factor and Folic Acid

Nutritionally Supports Enhanced Absorption and Utilization of Vitamin B-12*

Gluten Free

Dietary Supplement

60 CAPSULES



Other ingredients: Vegetable cellulose, gelatin, intrinsic factor, vegetable stearic acid.

Mfg. for: Foster Regal Laboratories ® 115 S.C.T. Ct., White House, TN 37188 Made in USA Rev. #01

^{*} This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.