

DIRECTIONS: As a dietary supplement, take 1 capsule two times daily, morning and evening, preferably with a meal.

TAMPER EVIDENT: Do not use this product if imprinted foil seal under cap is broken or missing.

Mfg. in a Ko Kosher Certified, FDA Registered Facility, using Good Manufacturing Practices (GMPs)

CAUTION: If you are pregnant or nursing, consult your physician before taking this product.

Keep tightly closed.

Store at room temperature: 59°-86°F (15° to 30°C).

KEEP OUT OF REACH OF CHILDREN.

Conforms to USP <2091> for weight. Meets USP <2040> disintegration for maximum bioavailability.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

FOSTER REGAL
The Best Choice™

B-12 FACTOR™

**Methyl B-12
with Intrinsic Factor
and Folic Acid**

**Nutritionally Supports Enhanced
Absorption and Utilization of Vitamin B-12***

Gluten Free

Dietary Supplement

60 CAPSULES

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	% DV
Folic Acid..... 800 mcg.....	200%
Vitamin B-12 1000 mcg	16666%
(as methylcobalamin)	

Other ingredients: Vegetable cellulose, gelatin, **intrinsic factor**, vegetable stearic acid.

Mfg. for: **Foster Regal Laboratories®**

115 S.C.T. Ct., White House, TN 37188

Made in USA

Rev. #01