Re-Order No.
700083

MAJOR®

# VITAMIN B-1 100 MG

**Contributes to the health of the nervous system†**

POTENCY GUARANTEED

*Dietary Supplement* 1000 TABLETS

## Supplement Facts

Serving Size 1 Tablet

| Amount Per Serving | | % Daily Value |
|---|---|---|
| Thiamine (Vitamin B-1) (from Thiamine Hydrochloride) | 100 mg | 6,667% |
| Calcium (from Calcium Carbonate and Dicalcium Phosphate Dihydrate) | 80 mg | 8% |
| Phosphorus (from Dicalcium Phosphate Dihydrate) | 24 mg | 2% |

OTHER INGREDIENTS: Microcrystalline Cellulose, Croscarmellose Sodium, Stearic Acid, Maltodextrin, Silica, Magnesium Stearate.

DIRECTIONS: For adults, take one (1) tablet daily preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.

As with any supplement, if you are pregnant, nursing or taking medication, consult your physician before use. Discontinue use and consult your physician if any adverse reactions occur.

As a B Vitamin, Thiamine plays a unique role in maintaining proper metabolic function, and is essential for well-being.† It promotes energy metabolism, and is also important for carbohydrate and sugar metabolism.† In addition, Thiamine promotes nervous system health.†

Keep out of reach of children.
Store at room temperature in a dry place.
Tamper Resistant: Do not use if clear neck seal is broken or missing.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

FREE OF: Yeast, wheat, milk or milk derivatives, lactose, sugar, preservatives, soy, artificial color, artificial flavor, sodium (less than 5 mg per serving).

Distributed by: MAJOR® PHARMACEUTICALS
31778 Enterprise Drive, Livonia, MI 48150, USA
Questions or Comments? (800) 616-2471
M-95

Prod. No. 700083 Rev. 08/12

3 09040 54480 3