

Natrol® 5-HTP Plus:

- Promotes a calm, relaxed mood and helps maintain a positive outlook†
- Enables production of Serotonin†
- 100% Drug-free & non-habit forming
- Time release formula helps you stay relaxed throughout the day†

WARNING: Consult your healthcare professional prior to use if you have or suspect a medical condition or are taking prescription drugs, including drugs for depression, migraines, Parkinson's disease or psychiatric disorders. Do not use with other supplements containing L-Tryptophan or 5-HTP. Do not use if you are pregnant, lactating or under the age of 18 years.

**STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.**

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ITEM: 7360.911 F: 3003295 L: 2009435-18137



NATROL®

5-HTP Plus

MOOD & RELAXATION

Promotes a Calm & Relaxed Mood
Throughout the Day†

**TIME
RELEASE**

100% Drug-Free



100mg

EXTRA STRENGTH



VEGETARIAN

150 TABLETS

DIETARY SUPPLEMENT

Directions: Take 1 tablet, up to two times daily, with food. Do not exceed recommended dose.

Supplement Facts

Serving Size: 1 Tablet
Servings Per Container: 150

Amount Per Serving		%DV
Vitamin B6 (as Pyridoxine HCl)	1.7 mg	100%
Vitamin B12 (as Cyanocobalamin)	2.4 mcg	100%
Calcium (from Dibasic Calcium Phosphate)	31 mg	2%
Magnesium (from Magnesium Oxide)	5mg	<2%
5-HTP (5-Hydroxytryptophan) [from <i>Griffonia simplicifolia</i> (seed)]	100 mg	*
Inositol	500 mcg	*

*Daily Value (DV) not established

Other Ingredients: Methylcellulose, Microcrystalline Cellulose, Hypromellose, Stearic Acid, Silicon Dioxide, Magnesium Stearate, Glycerin, Acacia Gum.

NO: Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Soybeans, Yeast, Artificial Colors or Flavors, Added Sugar or Preservatives.

Manufactured by NATROL LLC
Chatsworth, CA 91311, USA
1-800-2-NATROL (800-262-8765)
www.natrol.com

LOT/EXP: