WINDMILL
NATURAL VITAMINS®

TRANQUIL PM

NIGHT TIME SLEEP AID†

Sleep Support†
Wake Up Refreshed†

30 CONTROLLED RELEASE TABLETS | **DIETARY SUPPLEMENT**

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Supplement Facts

Servings Size: 1 Tablet

	Amount Per Serving	% Daily Value
Calcium	72 mg	6%
L-Theanine	200 mg	*
Herbal Blend:	50 mg	*
Chamomile flower extract *(Matricaria recutita)*, Lavender flower *(Lavandula angustifolia)*, Lemon balm extract (aerial parts) *(Melissa officinalis)*, Valerian root extract *(Valeriana officinalis L.)*		
Melatonin	10 mg	*

* Daily value not established.

Other Ingredients: Dicalcium phosphate, microcrystalline cellulose, stearic acid, hydroxypropyl methylcellulose, film coat (hypromellose, glycerin, hydroxypropyl cellulose), beet juice (color), croscarmellose sodium, silica, and magnesium stearate.

Melatonin may cause drowsiness if taken during the day. Do not take if you have an auto immune disorder. If you are taking any medications, discuss taking melatonin with your physician prior to taking this product. Do not take if you are pregnant or lactating.

FOR MORE INFORMATION VISIT
www.windmillvitamins.com

Item# 395

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Distributed by:
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