

DIRECTIONS: As a dietary supplement, take 1 softgel two times daily.

A HIGH POTENCY CALCIUM FORMULA THAT RELEASES ITS CALCIUM AS SOON AS THE SOFTGEL DISSOLVES, PROVIDING CALCIUM IN ITS MOST BIOAVAILABLE FORM. Regular exercise and a healthy diet with enough calcium helps all women approximately 11 to 35 years of age maintain good bone health and may reduce their high risk of osteoporosis later in life. For persons with a family history of osteoporosis, menopausal women, or elderly men and women, adequate calcium intake is linked to reduced risk of osteoporosis through the mechanism of slowing the rate of bone loss. Adequate calcium intake is important but daily intakes above 2000 mg are not likely to provide any additional benefits.

TAMPER EVIDENT: Do not use this product if imprinted foil seal under cap is broken or missing.

Keep tightly closed. Store at room temperature: 59°-86°F (15° to 30°C). **KEEP OUT OF REACH OF CHILDREN.**

Mfg. in an FDA Registered Facility, using Good Manufacturing Practices (GMPs)

Conforms to USP <2091> for weight. Meets USP <2040> disintegration for maximum bioavailability.

No artificial flavor, **No** preservatives, **No** sugar, **No** starch, **No** milk, **No** lactose, **No** wheat, **No** yeast, **No** fish and is sodium free. This product may have a distinctive odor.

FOSTER REGAL®

The Best Choice.®

**LIQUID
CALCIUM
SOFTGELS**
with Vitamin D-3

"Calcium Builds Strong Bones"

Dietary Supplement

Gluten Free

120 SOFTGELS

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% DV
Calories	7.5
Calories from Fat	5
Total Fat	0.5 g 1%*
Vitamin D-3	500 IU 125%
(as cholecalciferol)	
Calcium	600 mg 60%
(as calcium carbonate)	

*Percent Daily Values are based on a 2,000 calorie diet.

Other ingredients: Soybean oil, gelatin, vegetable glycerin, soy lecithin, beeswax, corn oil, sorbitol.

Mfg. for:

FOSTER REGAL Laboratories ® 115 S.C.T. Ct.
White House, TN 37188 **Made in USA**

