

mighty mini™

Zahler mighty mini™ is a pint-sized, easy-to-swallow softgel that provides a full spectrum of nutrients +DHA, all of which are crucial for both you and your developing baby.*

You may need additional supplements to support a healthy diet; consult your nutritionist for a formula that is right for you or contact us at 877-ASK-ZAHLER (877-275-9245) or ask@zahlers.com.

KEEP OUT OF REACH OF CHILDREN.

Do not use if safety seal is damaged or missing. If pregnant, nursing or on medication, consult with your healthcare practitioner.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. In case of accidental overdose, call a doctor or poison control center immediately.

Because this product contains Vitamin K2, discontinue use 2 weeks prior to surgery.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

KOSHER
PAREVE



UNDER THE STRICT
SUPERVISION OF
RABBI SH. STERN &
THE ORTHODOX
UNION



Non-GMO
GLUTEN FREE
DAIRY FREE



STORE TIGHTLY
CLOSED IN A
COOL, DRY PLACE.

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advanced
nutrition by

ZAHLER®



WOMEN'S
HEALTH*



New!
Fresh Smell

Mint-infused
scented insert
included

Keep in bottle for freshness

mighty mini™

prenatal +DHA 100mg

Dietary
Supplement
90 Softgels

19 Critical Nutrients +DHA*

Feel Better,
Everyday™

Supplement Facts

Serving Size: 1 Softgel
Servings Per Container: 90

Amount Per Serving		%Daily Value for pregnant and lactating women
Vitamin A (as 50% Beta Carotene, 50% Retinyl Palmitate)	650 mcg RAE	50%
Vitamin C (from Calcium Ascorbate)	30 mg	25%
Vitamin D3 (as Cholecalciferol)	30 mcg(1200 IU)	200%
Vitamin E (as d-Alpha Tocopherol)	20 mg	105%
Vitamin K2 (as Menaquinone-7)	30 mcg	*
Thiamin (Vitamin B1) (from Thiamine Hydrochloride)	1.4 mg	100%
Riboflavin (Vitamin B2) (from Riboflavin 5'-Phosphate)	1.6 mg	100%
Niacin (from Inositol Hexanicotinate)	18 mg	100%
Vitamin B6 (from Pyridoxal 5'-Phosphate)	2 mg	100%
Folate (from (6S)-5-Methyltetrahydrofolate, Calcium Salt)	800 mcgDFE	133%
Vitamin B12 (as Methylcobalamin)	2.8 mcg	100%
Biotin	35 mcg	100%
Pantothenic Acid (from Calcium d-Pantothenate)	7 mg	100%
Iron (from Ferrous Bisglycinate Chelate)	18 mg	90%
Iodine (from Potassium Iodide)	145 mcg	50%
Zinc (from Zinc Citrate)	6.5 mg	50%
Selenium (from Selenium Yeast)	35 mcg	50%
Copper (from Copper Oxide)	0.65 mg	50%
Chromium (from Chromium Picolinate)	45 mcg	100%
Docosahexaenoic Acid (DHA) (from Algal Oil)	100 mg	*

*Daily Value not established.

Directions:
Take 1 softgel daily with food, or as directed by a healthcare practitioner.

Other Ingredients:
Kosher Gelatin, Glycerin, Rice Bran Oil, Yellow Beeswax, Purified Water, Carob, Sunflower Lecithin.

Contains:
Soy (Highly Refined)

Distributed By:
Advanced Nutrition by Zahler®
Brooklyn, NY 11230
www.zahlers.com

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THIS BOTTLE CONTAINS A MINT-SCENTED GREEN STICK. DO NOT EAT.