

### Stable and Active Folate Formula

Zahler's Methylfolate is a stable and active form of folic acid. This important vitamin helps produce red blood cells, supports tissue health, and is essential for the normal functioning of the brain and nervous system. Adequate intake of folic acid during pregnancy helps support healthy fetal development.\*

You may need additional supplements to support a healthy diet; consult your nutritionist for a formula that is right for you or contact us at 877-ASK-ZAHLER (877-275-9245) or ask@zahlers.com.

#### KEEP OUT OF REACH OF CHILDREN.

Do not use if safety seal is damaged or missing. If pregnant, nursing or on medication, consult with your healthcare practitioner.

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

KOSHER  
PAREVE



UNDER THE STRICT  
SUPERVISION OF  
RABBI SH. STERN &  
THE ORTHODOX  
UNION



Non-GMO  
GLUTEN FREE  
DAIRY FREE  
SOY FREE



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STORE TIGHTLY CLOSED  
IN A COOL, DRY PLACE.



# Methylfolate

Stable and Active Folate Formula

*Supports Healthy Fetal Development\**



GENERAL  
HEALTH



Dietary  
Supplement  
60 Capsules

*Feel Better,  
Everyday*

### Supplement Facts

Serving Size: 1 Capsule  
Servings Per Container: 60

| Amount Per Serving                                    |              | %Daily Value |
|---|--------------|--------------|
| Folate  | 1000 mcg DFE | 250%         |
| (as Methyltetrahydrofolate Calcium Salt - BioFolate®) |              |              |

#### Directions:

Take 1 capsule daily with food, or as directed by a healthcare practitioner.

Other Ingredients: Hypromellose (Capsule), Organic Rice Hulls, Organic Rice Extract Blend.

Distributed By:  
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www.zahlers.com