

IMPORTANT:

STORE IN A COOL DRY PLACE AND TIGHTLY CAPPED.

KEEP OUT OF THE REACH OF CHILDREN.

MAGNESIUM SUPPLEMENTS CAN CAUSE CHANGES IN STOOL CONSISTENCY AND BOWEL HABITS. IF THIS OCCURS, DISCONTINUE USE AND DISCUSS THIS MATTER WITH YOUR PHYSICIAN.

FREE OF: Milk, Eggs, Fish, Shellfish, Tree Nuts, Peanuts, Wheat or Soy.



Manufactured Exclusively by:

KIRKMAN

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HYPOALLERGENIC | GLUTEN-FREE

KIRKMAN

MAGNESIUM BISGLYCINATE CHELATE

100 MG

**DIETARY
SUPPLEMENT**

**250
CAPSULES**

SUGGESTED USE:

One capsule, three times daily or as directed by a physician. Capsules may be pulled apart and the contents mixed with food or beverages.

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 250

Each Serving Contains	Amount per Serving	% Daily Value
Magnesium (from Magnesium Bisglycinate Chelate)	100 mg	24 %

OTHER INGREDIENTS: Vegetarian Capsule (hypromellose and water), L-Leucine



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