

DIRECTIONS: Take 1 tablet with food as a dietary supplement or as directed by a healthcare professional.

KEEP OUT OF REACH OF CHILDREN.
Protect from heat, light & moisture.
Store in a cool, dry place.
Do not purchase if seal is broken.

MADE IN THE U.S.A. FROM GLOBALLY SOURCED INGREDIENTS.

NO SUGAR, WHEAT, SOY, MILK,
ARTIFICIAL COLORS,
FLAVORS OR PRESERVATIVES
NON GMO - GLUTEN FREE

ITEM: 061ND



†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.


WINDMILL
NATURAL VITAMINS®

MILLTRIUM

High Potency
Multivitamin & Mineral



WELLNESS
HEALTH†



IMMUNE
HEALTH†



ENERGY
HEALTH†

100 TABLETS | DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin A (retinyl acetate and 29% beta-carotene)	1,000 mcg RAE	111%
Vitamin C (ascorbic acid)	60 mg	67%
Vitamin D (cholecalciferol)	25 mcg	125%
Vitamin E (d-alpha-tocopheryl succinate)	20 mg	133%
Vitamin K (phytylquinone)	25 mcg	21%
Thiamin (thiamin mononitrate)	1.5 mg	125%
Riboflavin	1.7 mg	131%
Niacin (niacinamide)	20 mg NE	125%
Vitamin B6 (pyridoxine HCl)	2 mg	118%
Folate (folic acid)	667 mcg (DFE)	167%
Vitamin B12 (cyanocobalamin)	6 mcg	250%
Biotin	30 mcg	100%
Pantothenic acid (D-calcium pantothenate)	10 mg	200%
Calcium (calcium carbonate and dicalcium phosphate)	200 mg	15%
Iron (ferrous fumarate)†	18 mg	100%
Phosphorus (dicalcium phosphate)	20 mg	2%
Iodine (potassium iodide)	150 mcg	100%
Magnesium (magnesium oxide)	50 mg	12%
Zinc (zinc oxide)	11 mg	100%
Selenium (sodium selenate)	55 mcg	100%
Copper (cupric oxide)	0.5 mg	56%
Manganese (manganese sulfate)	2.3 mg	100%
Chromium (chromium chloride)	35 mcg	100%
Molybdenum (sodium molybdate)	45 mcg	100%
Chloride (potassium chloride)	72 mg	3%
Potassium (potassium chloride)	80 mg	2%
Nickel (nickelous sulfate)	5 mcg	*
Silicon (sodium silicate)	2 mg	*
Tin (stannous chloride)	10 mcg	*
Vanadium (vanadyl sulfate)	10 mcg	*

*Daily value not established.

Other ingredients: Microcrystalline cellulose, stearic acid, croscarmellose sodium, magnesium stearate, silica and film coat (water, hypromellose, vegetable glycerine, talc, carnauba wax).

IMPORTANT INFORMATION: Women of childbearing age should not take 5,000mcg RAE or more of Vitamin A (from retinoids) without consulting a physician.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatality poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose call a doctor or poison control center immediately.

Distributed by Windmill Health Products®
10-Henderson Drive, West Caldwell, NJ 07006
www.windmillvitamins.com