

KEEP OUT OF REACH OF
CHILDREN.

Store in a cool, dry place.

For More Information:

1-888-462-2548

GNC.com

GNC

Melatonin

with LEMON BALM

Supports restful sleep*



60 TABLETS

60-DAY SUPPLY

DIETARY SUPPLEMENT

CODE 135311

EVG

DIRECTIONS: As a dietary supplement, take one tablet before
bedtime. Do not exceed recommended dosage in any 24-hour period.

Supplement Facts

Serving Size One Tablet

Amount Per Serving	% Daily Value
Melatonin	10 mg *
Lemon Balm (Aerial Parts) Extract	1000 mcg *

* Daily Values not established

OTHER INGREDIENTS: Dicalcium Phosphate, Microcrystalline Cellulose,
Stearic Acid, Magnesium Stearate, Silicon Dioxide.

Distributed by: General Nutrition Corporation,
Pittsburgh, PA 15222 USA

WARNING: For adult use only at bedtime. This product is not to be taken
by pregnant or lactating women. If you are taking medication or have a
medical condition, consult a physician before using this product. Do not
use in conjunction with alcoholic beverages, when driving a vehicle,
or while operating machinery.

Consult a physician if using more than 4 weeks.

No Artificial Colors, No Artificial Flavors, Gluten Free, No Dairy.



* This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

Lot No./Best By:

