

CODE 220112
DIRECTIONS: As a dietary supplement, take the contents of one pack daily with food.
Each pack contains:
Multivitamin

Supplement Facts

Amount Per Serving	% Daily Value
Serving Size Two Beige Capslets	
Vitamin A (50% as beta-Carotene & 50% Retinyl Acetate)	1500 mcg RAE 167%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	300 mg 333%
Vitamin D (as Cholecalciferol)	40 mcg 200%
Vitamin E (as Natural d-alpha Tocopheryl Acetate)	20.1 mg 134%
Vitamin K (as Phytonadione)	80 mcg 67%
Thiamin (Vitamin B1) (as Thiamin Mononitrate)	50 mg 4167%
Riboflavin (Vitamin B2)	50 mg 3846%
Niacin (as Niacinamide & Niacin)	50 mg 313%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg 2941%
Folate	680 mcg DFE 170% (Folic Acid 400 mcg)
Vitamin B-12 (as Cyanocobalamin)	50 mcg 2083%
Biotin	300 mcg 1000%
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg 1000%
Choline (as Choline Bitartrate)	10 mg 2%
Calcium (as Calcium Carbonate, Calcium d-Pantothenate, and Calcium Ascorbate)	200 mg 15%
Iodine (as Potassium Iodide)	150 mcg 100%
Magnesium (as Magnesium Oxide)	100 mg 24%
Zinc (as Zinc Oxide)	25 mg 227%
Selenium (as L-Selenomethionine)	200 mcg 364%
Copper (as Cupric Sulfate)	2 mg 222%
Manganese (as Manganese Sulfate)	2 mg 87%
Chromium (as Chromium Chloride)	120 mcg 343%
Molybdenum (as Sodium Molybdate)	75 mcg 167%
Fruit & Vegetable Blend	62.5 mg
Orange (Citrus sinensis) Peel Powder, Spinach (Spinacia oleracea) Leaf Powder, Elderberry (Sambucus nigra) Fruit Powder, Acai (Euterpe oleracea) Fruit Powder, Blueberry (Vaccinium spp.) Pomace Powder, Pomegranate (Punica granatum) Fruit Powder, Broccoli (Brassica oleracea var. italica) Floret and Stem Powder, Tomato (Lycopersicon esculentum) Fruit Powder, Cranberry (Vaccinium spp.) Fruit Powder, Grape (Vitis vinifera) Skin Powder, Carrot (Daucus carota) Root Powder, Papaya (Carica papaya) Fruit Powder, Pineapple (Ananas comosus) Fruit Powder, Cauliflower (Brassica oleracea var botrytis) Floret and Stem Powder, Kale (Brassica oleracea var acephala) Leaf Powder, Apple (Malus pumila) Fruit Powder, Kiwi (Actinidia deliciosa) Fruit Powder	
L-Arginine (as L-Arginine Monohydrate)	50 mg
L-Glutamine	50 mg
alpha-Lipoic Acid	25 mg
Inositol	10 mg
Silica (as Silicon Dioxide)	4 mg

Amount Per Serving	% Daily Value
Saw Palmetto (Serenoa repens) Berries Extract	3 mg
Pumpkin (Cucurbita spp.) Seed Powder	3 mg
Boron (as Sodium Borate)	2 mg
Lutein (Togetes erecta Flower Extract as Lutemax® 2020)	2 mg
Grape (Vitis vinifera) Seed Extract	1 mg
Lycopene	1 mg
Turmeric (Curcuma longa) Root Extract	500 mcg
Zeaxanthin (as Zeaxanthin Isomers)	400 mcg
Astaxanthin (from Haematococcus pluvialis)	50 mcg
Vanadium (as Sodium Metavanadate)	10 mcg
beta-Cryptoxanthin	10 mcg
* Daily Value not established.	

OTHER INGREDIENTS: Microcrystalline Cellulose, Cellulose, Hydroxypropyl Methylcellulose, Dicalcium Phosphate, Stearic Acid Vegetable Source, Maltodextrin, Hydroxypropylcellulose, Magnesium Stearate Vegetable Source, Food Starch, Mannitol, Gelatin (Porcine, Fish), Corn Starch, Sugar, Calcium Silicate, Natural Vanilla Mint Flavor, Sodium Ascorbate, Methylcellulose, Glucose Syrup, Stevia Leaf Extract, Vegetable Oil, Mixed Carotenoids, Mixed Tocopherols, BHA/BHT, Polyvinyl Pyrrolidone, Ascorbyl Palmitate, Caramel Color, Dextrin, Gum Arabic, Medium Chain Triglycerides, Paprika Extract, Polyethylene Glycol, Polglycerol Fatty Acid Esters, Polysorbate, Sodium Aluminum Silicate, Sodium Carboxymethylcellulose, Talc, Titanium Dioxide (Mineral Whitener), Tricalcium Phosphate.

CONTAINS: Soybeans, Fish (Anchovy, Mackerel, Sardine, Smelt, Salmon, Tuna, Cod or a Combination Thereof).

Echinacea

Supplement Facts

Amount Per Serving	% Daily Value
Serving Size One Capsule	
Echinacea purpurea Aerial Parts Powder	500 mg*
* Daily Value not established.	

OTHER INGREDIENTS: Hypromellose, Microcrystalline Cellulose.
Due to the nature of these ingredients, color variation may occur.

LVG

Elderberry

Supplement Facts

Amount Per Serving	% Daily Value
Serving Size One Capsule	
Elderberry (Sambucus nigra) Fruit Powder	500mg*
* Daily Value not established.	

OTHER INGREDIENTS: Hypromellose, Silicon Dioxide.

Vitamin C

Supplement Facts

Amount Per Serving	% Daily Value
Serving Size One White Tablet	
Vitamin C (as Ascorbic Acid)	500 mg 556%
† Percent Daily Value based on a 2,000 calorie diet. * Daily Value not established.	

OTHER INGREDIENTS: Microcrystalline Cellulose, Hydroxypropyl Methylcellulose, Silicon Dioxide, Stearic Acid, Croscarmellose Sodium, Magnesium Stearate, Glycerine, Hydroxypropyl Cellulose.

GNC

Immune Health

VITAPAK® PROGRAM

Immune Health Vitapak® Program
with Clinically Studied Multivitamin Blend^

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DIETARY SUPPLEMENT
30 PACKS/30-DAY SUPPLY



GNC

Immune Health

VITAPAK® PROGRAM

Features key immune support ingredients:
Vitamin C, Zinc, and Echinacea.^*

- ✔ **Clinically studied Multivitamin Blend:** Premium blend for daily support clinically shown to work better than a basic multivitamin^^
- ✔ **Vitamin C:** Protective antioxidant that provides immune support (800mg)*
- ✔ **Elderberry:** 500mg of Elderberry complements Vitamin C & Echinacea's immune health benefits*
- ✔ **Echinacea:** Herbal ingredient to support the immune system (500mg)*

*In a randomized, double-blind, placebo-controlled study of 112 healthy volunteers, subjects taking the GNC vitamin and mineral blends for six weeks experienced significant improvements in serum levels of certain key nutrients compared to a placebo and a leading multivitamin formula based upon multivariate statistical analyses of a group of B vitamins (thiamin, niacin, riboflavin, pantothenic acid, biotin, folic acid and vitamins B-6 and B-12) and key antioxidants and carotenoids (a group of beta-carotene, alpha-tocopherol, selenium, lutein and lycopene). Statistical improvements in SF-36 Vitality and Mental Health scores were also observed compared to placebo.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

