

Directions: Men and women 12 years and over: Take one tablet daily, immediately before, during, or after the meal of your choice.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Do not store above 25°C (77°F).

TAMPER EVIDENT PACKAGE:
DO NOT USE IF PRINTED INNER SEAL
BENEATH CAP IS MISSING OR BROKEN.
Retain outer carton for complete list of ingredients.

Questions or comments?
call toll-free 1-855-874-0970
(English/Spanish) weekdays
www.geritol.com

Ingredients: Dibasic Calcium Phosphate Anhydrous, Magnesium Oxide, Microcrystalline Cellulose, Nicotinamide Ascorbate (Niacin and Vitamin C), Potassium Chloride, d-α-Tocopheryl Acetate (Vitamin E), Stearic Acid, Polyvinyl Pyrrolidone, Zinc Oxide, Carbonyl Iron, Calcium D-Pantothenate, Hydroxymethyl Silicate, Manganese Sulfate, Beta Carotene (Vitamin A), Cholecalciferol (Vitamin D3), Magnesium Stearate, Polyethylene Glycol 8000, Pyridoxine HCl (Vitamin B6), Hydrated Silica, Cupric Oxide, Polyethylene Glycol 400, Thiamine Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), Silicon Dioxide, Folic Acid, Potassium Iodide, Carnauba Wax, Chromium Chloride, Biotin, Sodium Molybdate (Molybdenum), Phytanadione (Vitamin K1), Sodium Selenate (Selenium), Sodium Metavanadate, Nickelous Sulfate, Stannous Chloride, Cyanocobalamin (Vitamin B12).

Contains 1% or less of the following ingredients: FD&C No. 2, FD&C Red #40, FD&C Yellow #6, Titanium Dioxide. Contains soy.

Directions: Men and women 12 years and over: Take one tablet daily, immediately before, during, or after the meal of your choice.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Do not store above 25°C (77°F).

Questions or comments? call toll-free
1-855-874-0970 (English/Spanish) weekdays
Distributed by: Meda Consumer Healthcare Inc.
Marietta, GA 30062. Made in Canada.
GERITOL® and GERITOL COMPLETE® are registered
trademarks of Meda AB

©Meda AB 2011

VITAMINS A, C, AND E IN 100% ANTIOXIDANT FORM

Contains every vitamin & mineral
established as essential in human nutrition.

GERITOL COMPLETE®

Multi-Vitamin / Multi-Mineral
Dietary Supplement

• No artificial sweeteners • No starch

100 TABLETS

Supplement Facts

Serving Size: 1 Tablet

Amount Per Tablet	% Daily Value
Vitamin A 6100 IU	120%
(100% as beta carotene)	
Vitamin C 57 mg	100%
Vitamin D 400 IU	100%
Vitamin E 30 IU	100%
Vitamin K 24 mcg	100%
Thiamine (Vitamin B1) 1.5 mg	100%
Riboflavin (Vitamin B2) 1.7 mg	100%
Niacin 20 mg	100%
Vitamin B6 2 mg	100%
Folic Acid 0.56 mg	100%
Vitamin B12 6.7 mcg	110%
Biotin 44 mcg	15%
Pantothenic Acid 13 mg	130%

* Contains less than 2% of the Daily Value of this nutrient.

Contains: soy

Amount Per Tablet	% Daily Value
Calcium 140 mg	10%
Iron 16 mg	90%
Phosphorus 118 mg	10%
Iodine 120 mcg	80%
Magnesium 86 mg	20%
Zinc 12.5 mg	90%
Copper 1.8 mg	90%
Manganese 2.1 mg	120%
Chromium 12 mcg	10%
Molybdenum 1 mcg	+
Selenium 1 mcg	+
Chloride 20 mg	+
Potassium 36 mg	+

Distributed by:

Meda Consumer Healthcare Inc. Marietta, GA 30062. Made in Canada
GERITOL® and GERITOL COMPLETE® are registered trademarks of Meda AB.

©Meda AB 2011

VITAMINS A, C, AND E IN 100% ANTIOXIDANT FORM

Contains every vitamin & mineral
established as essential in human nutrition.

GERITOL COMPLETE®

Multi-Vitamin / Multi-Mineral
Dietary Supplement

• No artificial sweeteners • No starch



100 TABLETS

VITAMINS A, C, AND E IN 100% ANTIOXIDANT FORM

Contains every vitamin & mineral
established as essential in human nutrition.

GERITOL COMPLETE®

Multi-Vitamin / Multi-Mineral
Dietary Supplement

• No artificial sweeteners • No starch



100 TABLETS

Supplement Facts

Serving Size: 1 Tablet

Amount Per Tablet	% Daily Value
Vitamin A 6100 IU	120%
(100% as beta carotene)	
Vitamin C 57 mg	100%
Vitamin D 400 IU	100%
Vitamin E 30 IU	100%
Vitamin K 24 mcg	100%
Thiamine (Vitamin B1) 1.5 mg	100%
Riboflavin (Vitamin B2) 1.7 mg	100%
Niacin 20 mg	100%
Vitamin B6 2 mg	100%
Folic Acid 0.56 mg	100%
Vitamin B12 6.7 mcg	110%
Biotin 44 mcg	15%
Pantothenic Acid 13 mg	130%
Calcium 140 mg	10%
Iron 16 mg	90%
Phosphorus 118 mg	10%
Iodine 120 mcg	80%
Magnesium 86 mg	20%
Zinc 12.5 mg	90%
Copper 1.8 mg	90%
Manganese 2.1 mg	120%
Chromium 12 mcg	10%
Molybdenum 1 mcg	+
Selenium 1 mcg	+
Chloride 20 mg	+
Potassium 36 mg	+

* Contains less than 2% of the Daily Value of this nutrient.



3 46017 01110 4

GERITOL COMPLETE®

TAMPER EVIDENT PACKAGE: DO NOT USE IF PRINTED
INNER SEAL BENEATH CAP IS MISSING OR BROKEN.