

CODE 220112
DIRECTIONS: As a dietary supplement, take the contents of one pack daily with food.
Each pack contains:
Multivitamin

Supplement Facts

Serving Size Two Beige Capslets		
Amount Per Serving	% Daily Value	
Vitamin A (50% as beta-Carotene & 50% Retinyl Acetate)	1500 mcg RAE	167%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	300 mg	333%
Vitamin D (as Cholecalciferol)	40 mcg	200%
Vitamin E (as Natural d-alpha Tocopheryl Acetate)	20.1 mg	134%
Vitamin K (as Phytonadione)	80 mcg	67%
Thiamin (Vitamin B1) (as Thiamin Mononitrate)	50 mg	4167%
Riboflavin (Vitamin B2)	50 mg	3846%
Niacin (as Nicotinamide & Niacin)	50 mg	313%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg	2941%
Folate	680 mcg DFE (Folic Acid 400 mcg)	170%
Vitamin B-12 (as Cyanocobalamin)	50 mcg	2083%
Biotin	300 mcg	1000%
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg	1000%
Choline (as Choline Bitartrate)	10 mg	2%
Calcium (as Calcium Carbonate, Calcium d-Pantothenate, and Calcium Ascorbate)	200 mg	15%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Magnesium Oxide)	100 mg	24%
Zinc (as Zinc Oxide)	25 mg	227%
Selenium (as L-Selenomethionine)	200 mcg	364%
Copper (as Cupric Sulfate)	2 mg	222%
Manganese (as Manganese Sulfate)	2 mg	87%
Chromium (as Chromium Chloride)	120 mcg	343%
Molybdenum (as Sodium Molybdate)	75 mcg	167%
Fruit & Vegetable Blend 62.5 mg		
Orange (Citrus sinensis) Peel Powder, Spinach (Spinacia oleracea) Leaf Powder, Elderberry (Sambucus nigra) Fruit Powder, Acai (Euterpe oleracea) Fruit Powder, Blueberry (Vaccinium spp.) Pomace Powder, Pomegranate (Punica granatum) Fruit Powder, Broccoli (Brassica oleracea var. italica) Floret and Stem Powder, Tomato (Lycopersicon esculentum) Fruit Powder, Cranberry (Vaccinium spp.) Fruit Powder, Grape (Vitis vinifera) Skin Powder, Carrot (Daucus carota) Root Powder, Papaya (Carica papaya) Fruit Powder, Pineapple (Ananas comosus) Fruit Powder, Cauliflower (Brassica oleracea var botrytis) Floret and Stem Powder, Kale (Brassica oleracea var acephala) Leaf Powder, Apple (Malus pumila) Fruit Powder, Kiwi (Actinidia deliciosa) Fruit Powder		
L-Arginine (as L-Arginine Monohydrate)	50 mg	*
L-Glutamine	50 mg	*
alpha-Lipoic Acid	25 mg	*
Inositol	10 mg	*
Silica (as Silicon Dioxide)	4 mg	*

Amount Per Serving	% Daily Value	
Saw Palmetto (Serenoa repens) Berries Extract	3 mg	*
Pumpkin (Cucurbita spp.) Seed Powder	3 mg	*
Boron (as Sodium Borate)	2 mg	*
Lutein (Togetes erecta Flower Extract as Lutemax® 2020)	2 mg	*
Grape (Vitis vinifera) Seed Extract	1 mg	*
Lycopene	1 mg	*
Turmeric (Curcuma longa) Root Extract	500 mcg	*
Zeaxanthin (as Zeaxanthin Isomers)	400 mcg	*
Astaxanthin (from Haematococcus pluvialis)	50 mcg	*
Vanadium (as Sodium Metavanadate)	10 mcg	*
beta-Cryptoxanthin	10 mcg	*
* Daily Value not established.		

OTHER INGREDIENTS: Microcrystalline Cellulose, Cellulose, Hydroxypropyl Methylcellulose, Dicalcium Phosphate, Stearic Acid Vegetable Source, Maltodextrin, Hydroxypropylcellulose, Magnesium Stearate Vegetable Source, Food Starch, Mannitol, Gelatin (Porcine, Fish), Corn Starch, Sugar, Calcium Silicate, Natural Vanilla Mint Flavor, Sodium Ascorbate, Methylcellulose, Glucose Syrup, Stevia Leaf Extract, Vegetable Oil, Mixed Carotenoids, Mixed Tocopherols, BHA/BHT, Polyvinyl Pyrrolidone, Ascorbyl Palmitate, Caramel Color, Dextrin, Gum Arabic, Medium Chain Triglycerides, Paprika Extract, Polyethylene Glycol, Polglycerol Fatty Acid Esters, Polysorbate, Sodium Aluminum Silicate, Sodium Carboxymethylcellulose, Talc, Titanium Dioxide (Mineral Whitener), Tricalcium Phosphate.

CONTAINS: Soybeans, Fish (Anchovy, Mackerel, Sardine, Smelt, Salmon, Tuna, Cod or a Combination Thereof).

Echinacea

Supplement Facts

Serving Size One Capsule		
Amount Per Serving	% Daily Value	
Echinacea purpurea Aerial Parts Powder	500 mg*	
* Daily Value not established.		
OTHER INGREDIENTS: Hypromellose, Microcrystalline Cellulose.		
Due to the nature of these ingredients, color variation may occur.		

LVG

Elderberry

Supplement Facts

Serving Size One Capsule		
Amount Per Serving	% Daily Value	
Elderberry (Sambucus nigra) Fruit Powder	500mg*	
* Daily Value not established.		

OTHER INGREDIENTS: Hypromellose, Silicon Dioxide.

Vitamin C

Supplement Facts

Serving Size One White Tablet		
Amount Per Serving	% Daily Value	
Vitamin C (as Ascorbic Acid)	500 mg	556%
† Percent Daily Value based on a 2,000 calorie diet.		
* Daily Value not established.		

OTHER INGREDIENTS: Microcrystalline Cellulose, Hydroxypropyl Methylcellulose, Silicon Dioxide, Stearic Acid, Croscarmellose Sodium, Magnesium Stearate, Glycerine, Hydroxypropyl Cellulose.

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Immune Health

VITAPAK® PROGRAM

Immune Health Vitapak® Program with Clinically Studied Multivitamin Blend^

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DIETARY SUPPLEMENT
30 PACKS/30-DAY SUPPLY



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Immune Health

VITAPAK® PROGRAM

Features key immune support ingredients: Vitamin C, Zinc, and Echinacea.^*

- ✔ **Clinically studied Multivitamin Blend:** Premium blend for daily support clinically shown to work better than a basic multivitamin^^
- ✔ **Vitamin C:** Protective antioxidant that provides immune support (800mg)*
- ✔ **Elderberry:** 500mg of Elderberry complements Vitamin C & Echinacea's immune health benefits*
- ✔ **Echinacea:** Herbal ingredient to support the immune system (500mg)*

*In a randomized, double-blind, placebo-controlled study of 112 healthy volunteers, subjects taking the GNC vitamin and mineral blends for six weeks experienced significant improvements in serum levels of certain key nutrients compared to a placebo and a leading multivitamin formula based upon multivariate statistical analyses of a group of B vitamins (thiamin, niacin, riboflavin, pantothenic acid, biotin, folic acid and vitamins B-6 and B-12) and key antioxidants and carotenoids (a group of beta-carotene, alpha-tocopherol, selenium, lutein and lycopene). Statistical improvements in SF-36 Vitality and Mental Health scores were also observed compared to placebo.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

