

DIRECTIONS: Take 1 tablet daily with food as a dietary supplement or as directed by a healthcare professional.

KEEP OUT OF REACH OF CHILDREN.
Protect from heat, light & moisture.
Store in a cool, dry place.
Do not purchase if seal is broken.

MADE IN THE U.S.A. FROM GLOBALLY SOURCED INGREDIENTS.

†The se statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.



B COMPLEX

100% Daily Value

Supplement Facts

Serving Size: 1 Tablet

	Amount Per Serving	%Daily Value
Vitamin B1 (thiamin HCl)	1.2 mg	100%
Vitamin B2 (riboflavin)	1.3 mg	100%
Niacin (niacinamide)	16 mg	100%
Vitamin B6 (pyridoxine HCl)	1.7 mg	100%
Folate	400 mcg DFE (236 mcg folic acid)	100%
Vitamin B12 (cyanocobalamin)	2.4 mcg	100%
Pantothenic acid (D-calcium pantothenate)	5 mg	100%
Calcium (dicalcium phosphate)	100 mg	8%

Other ingredients: Dicalcium phosphate, microcrystalline cellulose, stearic acid, croscarmellose sodium and magnesium stearate.

ITEM: 137ND



General Health[†]
Balanced B Vitamin[†]

100 TABLETS
DIETARY SUPPLEMENT

NO SUGAR, WHEAT, SOY, MILK, ARTIFICIAL
COLORS, FLAVORS OR PRESERVATIVES
NON GMO - GLUTEN FREE - VEGAN

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