

Vitamins & minerals to help support normal growth & maintain health.*

Centrum

Kids

chewables

Multivitamin/Multimineral
Supplement

HELPS SUPPORT HEALTHY
GROWTH & DEVELOPMENT**

150
TABLETS

*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size	1/2 Tablet	1 Tablet
Servings Per Container	300	150
Amount Per Tablet	% DV for Children 2 and 3 years (1/2 Tablet)	% DV for Children 4 years and older (1 Tablet)
Calories 5		
Total Carbohydrate 1 g	*	<1%†
Sugars <1 g	*	*
Vitamin A 3,500 IU (29% as Beta-Carotene)	70%	70%
Vitamin C 60 mg	75%	100%
Vitamin D 400 IU	50%	100%
Vitamin E 30 IU	150%	100%
Vitamin K 10 mcg	*	13%
Thiamin 1.5 mg	107%	100%
Riboflavin 1.7 mg	106%	100%
Niacin 20 mg	111%	100%
Vitamin B ₆ 2 mg	143%	100%

Amount Per Tablet	% DV for Children 2 and 3 years (1/2 Tablet)	% DV for Children 4 years and older (1 Tablet)
Folic Acid 400 mcg	100%	100%
Vitamin B ₁₂ 6 mcg	100%	100%
Biotin 45 mcg	15%	15%
Pantothenic Acid 10 mg	100%	100%
Calcium 108 mg	7%	11%
Iron 18 mg	90%	100%
Phosphorus 50 mg	3%	5%
Iodine 150 mcg	107%	100%
Magnesium 40 mg	10%	10%
Zinc 15 mg	94%	100%
Copper 2 mg	100%	100%
Manganese 1 mg	*	50%
Chromium 20 mcg	*	17%
Molybdenum 20 mcg	*	27%

* Daily Value (DV) not established.

† Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: Sucrose, Dibasic Calcium Phosphate, Microcrystalline Cellulose, Mannitol (wheat), Calcium Carbonate, Ascorbic Acid (Vit. C), Magnesium Oxide, Pregelatinized Corn Starch, Mono- and Di-glycerides, Stearic Acid (soybean), Maltodextrin. **Contains < 2% of:** Aspartame, ** Beta-Carotene, BHT (to retard oxidation), Biotin, Blue 2 Lake, Calcium Pantothenate, Carbonyl Iron, Carrageenan, Cholecalciferol (Vit. D₃), Chromium Chloride, Citric Acid, Cupric Oxide, Cyanocobalamin (Vit. B₁₂), Dextrose, dl-Alpha Tocopheryl Acetate (Vit. E), Folic Acid, Gelatin, Guar Gum, Lactose (milk), Magnesium Stearate, Malic Acid, Manganese Sulfate, Modified Corn Starch, Natural and Artificial Flavors, Niacinamide, Phytonadione (Vit. K), Potassium Iodide, Pyridoxine Hydrochloride (Vit. B₆), Red 40 Lake, Riboflavin (Vit. B₂), Silicon Dioxide, Sodium Molybdate, Thiamine Mononitrate (Vit. B₁), Tocopherols (to retard oxidation), Vanillin, Vitamin A Acetate, Yellow 6 Lake, Zinc Oxide. **Contains:** Milk, Soybean, Wheat.

Suggested Use: Children 2 and 3 years of age, chew approximately 1/2 tablet daily with food. Children 4 years of age and older, chew 1 tablet daily with food. Not formulated for use in children less than 2 years of age. Do not exceed suggested use.

As with any supplement, if your child is taking medication, consult your pediatrician before use.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

****PHENYLKETONURICS: CONTAINS PHENYLALANINE.**

IMPORTANT INFORMATION: Long-term intake of high levels of vitamin A (excluding that sourced from beta-carotene) may increase the risk of osteoporosis in adults. Do not take this product if taking other vitamin A supplements.

Store at room temperature. Keep bottle tightly closed. Protect from moisture.

Bottle sealed with printed foil under cap. Do Not Use if foil is torn.

Marketed by: Pfizer, Madison, NJ 07940 USA © 2011 Pfizer Inc. Made in Canada

Questions? Comments? Call 1-877-CENTRUM

For most recent product information, visit www.centrum.com

* Refers to key nutrients for growth and development.



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CONTROL NO.

EXP. DATE