

Puritan's Pride Women's One Daily Multivitamins

100 Caplets / Item #019092



Supplement Facts

Serving Size 1 Caplet

Amount Per Serving

| | % Daily Value |
|-----------------------------------------------------|---------------|
| Vitamin A (as Retinyl Acetate and Beta-Carotene) | 2,500 IU 50% |
| Vitamin C (as Ascorbic Acid) | 60 mg 100% |
| Vitamin D (as Cholecalciferol) | 1000 IU 250% |
| Vitamin E (as dl-Alpha Tocopheryl Acetate) | 22.5 IU 75% |
| Vitamin K (as Phytonadione) | 25 mcg 31% |
| Thiamin (Vitamin B-1) (as Thiamin Mononitrate) | 1.5 mg 100% |
| Riboflavin (Vitamin B-2) | 1.7 mg 100% |
| Niacin (as Niacinamide) | 10 mg 50% |
| Vitamin B-6 (as Pyridoxine Hydrochloride) | 2 mg 100% |
| Folic Acid | 400 mcg 100% |
| Vitamin B-12 (as Cyanocobalamin) | 6 mcg 100% |
| Biotin (as d-Biotin) | 30 mcg 10% |
| Pantothenic Acid (as d-Calcium Pantothenate) | 5 mg 50% |
| Calcium (as Calcium Carbonate) | 550 mg 50% |
| Iron | 18 mg 100% |