



SIX STAR® PRE-WORKOUT EXPLOSION IS ENGINEERED FOR ALL ATHLETES

Six Star® Pre-Workout Explosion is from the makers of MuscleTech®, America's #1 Selling Body Building Supplement Brand, so you know it's a powerful formula you can trust. Whether it's your first time at the gym or you're a seasoned vet, pro athlete or just trying to gain that extra edge in your sport, everyone is an athlete, and every athlete needs to fuel their body with the best sports nutrition products available. Delivering sought-after pre-workout ingredients and the most studied form of creatine for increased strength and performance, Six Star® Pre-Workout Explosion is the fuel you want before your workout for extreme energy, focus and intensity, and it's Engineered for All Athletes.▲

Six Star® Pre-Workout Explosion Is For:



Benefits of Six Star® Pre-Workout Explosion:

- Boosts energy with a powerful dose of caffeine▲
- Caffeine anhydrous enhances mental focus & workout intensity▲
- Delivers arginine AKG, a unique form of arginine
- Delivers powerful muscle pumps▲
- Increases muscle carnitine levels to buffer lactic acid & support muscle endurance▲
- Zero sugar
- Zero aspartame
- Amazing taste!

Clinically Proven Ingredient for More Size and Strength

Not only does Six Star® Pre-Workout Explosion deliver more energy, enhanced focus and incredible muscle pumps for the best workouts, it also delivers the most clinically studied form of creatine for more size, strength and performance. In just one study on 31 weight-trained test subjects randomly assigned to one of three groups, subjects consuming this same form of creatine significantly increased their strength capacity on the bench press by 18.6% compared to the baseline (6,658 vs. 5,613 joules) in just 10 days!▲ Trust Six Star® Pre-Workout Explosion for the best workouts of your life!

FOR BEST RESULTS, STACK WITH:

- Pre- & post-workout, between meals
- Use immediately after workout



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SIX STAR®

PRO NUTRITION



PRE-WORKOUT EXPLOSION

3G
BETA-ALANINE**

3G
CREATINE**

ELITE SERIES
FROM THE MAKERS OF



2.2G
ARGININE AKG**

0
SUGAR, CARBS
& ASPARTAME

EXTREME
ENERGY, FOCUS
& INTENSITY▲

EXPLOSIVE
MUSCLE
PUMPS▲

FUELS MUSCLE
GROWTH &
PERFORMANCE▲

NATURAL AND ARTIFICIAL FLAVORS

30 SERVINGS

FRUIT PUNCH

Net Wt. 7.41 oz. (210g) DIETARY SUPPLEMENT

**Per 2 Scoops

Supplement Facts

Serving Size: 1 Scoop (7g)
Servings Per Container: Approx. 30

Amount Per Serving	% Daily Value	
Calories	10	
Total Carbohydrate	0g	0%*
Sugars	0g	†
Vitamin C (as ascorbic acid)	250mg	417%
Niacin (as niacinamide)	30mg	150%
Beta-alanine	1,500mg	†
Creatine monohydrate	1,500mg	†
L-arginine alpha-ketoglutarate (AKG)	1,100mg	†
Advanced Pump Complex	500mg	†
Taurine, L-citrulline, L-citrulline malate, L-arginine HCl		†
Pre-Workout Explosion Blend	255mg	†
Caffeine anhydrous (supplying 135mg of caffeine), Choline bitartrate, L-tyrosine		†

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Citric Acid, Natural and Artificial Flavors, Silicon Dioxide, Malic Acid, Maltodextrin, Sucralose, Acesulfame-Potassium, FD&C Red Lake No. 40. Processed in a facility that processes milk, egg, soybean, wheat, shellfish, fish oil, tree nut and peanut ingredients.

*MuscleTech® is America's #1 Selling Body Building Supplement Brand based on cumulative wholesale dollar sales 2001 to present. Over 170 million bottles of MuscleTech® and Six Star® products combined have been sold.

DIRECTIONS: Read the entire label before use and follow directions provided. Assess your tolerance by mixing 1 serving (1 scoop) with 6 oz. of cold water and drink about 30 minutes before your workout. Then increase the dosage to 2 servings mixed with 12 oz. of cold water before your workout. Do not exceed 2 servings (2 scoops) in a 24-hour period. Drink 8 to 10 glasses of water daily for general good health.

WARNING: Not intended for use by persons under 18. Do not use if pregnant or nursing. Consult a medical doctor before use if you have a medical condition or before starting a diet or exercise program. One serving (1 scoop) of this product contains up to as much caffeine as 1.5 cups of coffee. Caffeine-sensitive individuals may experience symptoms including (but not limited to) restlessness, nervousness, tremors, headache, anxiety, palpitations, increased heart rate and difficulty sleeping. Do not combine with other sources of caffeine. Do not use if you have had a myocardial infarction (heart attack). Some individuals may experience a harmless tingling sensation from the concentrated performance dose of beta-alanine. Inhalation may amplify the inflammatory airway response in people with asthma. Use only as directed. **KEEP OUT OF REACH OF CHILDREN.**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Do not use if packaging has been tampered with. Store in a cool, dry place (60°F to 80°F). Made in the U.S.A. from International Ingredients. Distributed by Iovate Health Sciences U.S.A. Inc. 1105 North Market Street, Suite 1330, Wilmington, DE 19801. © 2017. For lot no. and expiry date: see bottle.



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