



Benefiber® Assorted Fruit Chewables

With a great tasting variety of Assorted Fruit flavors, these Benefiber Chewables give you the fiber you need and the convenience you want!

Attributes

- Artificially flavored
- Sugar-free

Ingredients

Wheat dextrin, sorbitol, corn starch, microcrystalline cellulose, dextrates, citric acid, natural and artificial flavor (soy), magnesium stearate, silicon dioxide, sucralose, aspartame, acesulfame potassium, red 40 lake, yellow 6 lake, blue 1 lake

Gluten-free (less than 20 ppm gluten)



Supplement Facts

Serving Size: 3 Tablets

	Amount Per Serving	%DV*
Calories	30	
Sodium	0mg	0%
Total Carbohydrates	8g	1%
Dietary Fiber	3g	12%
Soluble Fiber	3g	†
Sugar	0g	†

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

†Daily Value not established.

Directions

Adults: Chew 3 tablets up to 3 times daily to supplement the fiber content of your diet.

AGE	SERVINGS
12 yrs. to adult	3 tablets up to 3 times daily
6 to 11 yrs.	1 ½ tablets up to 3 times daily
Under 6 yrs.	Ask a doctor before use

Phenylketonurics: **Contains Phenylalanine**

Keep out of reach of children.

If you are pregnant or nursing a baby, ask a health professional before use.