

MSM, methylsulfonylmethane, is a vital, bioavailable dietary supplement of sulfur that is found in our living tissues. MSM is an end product of DMSO (Dimethyl Sulfoxide) and helps maintain healthy joints and cartilage.

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Mfg. in a Ko Kasher Certified, FDA Registered Facility, using Good Manufacturing Practices (GMPs)

TAMPER EVIDENT: Do not use this product if imprinted foil seal under cap is broken or missing. Suitable for Vegetarians/Vegans.

M. S. M. is a DMSO metabolite.

Keep tightly closed.

Store at room temperature: 59°-86°F (15° to 30°C).

KEEP OUT OF REACH OF CHILDREN.

CAUTION: If you are pregnant or nursing do not take this product.

Conforms to USP <2091> for weight. Meets USP <2040> disintegration for maximum bioavailability.

Rev. #02

FOSTER REGAL®

The Best Choice.®

M. S. M. ULTRA

**Helps Maintain Healthy
Joints and Cartilage***

OptiMSM®

Dietary **Gluten Free**
Supplement

120 VEG TABLETS

Supplement Facts

Serving Size 1 Veg Tablet

	Amount Per Serving
M. S. M. (as methylsulfonylmethane)	1500 mg **

** Daily Value not established.

Other ingredients: Vegetable stearic acid, silica, vegetable cellulose, vegetable magnesium stearate.

DIRECTIONS: As a dietary supplement, take 1 tablet two times each day, morning and evening, preferably with a meal.

Mfg. for: **Foster Regal Laboratories®**
115 S.C.T. Ct., White House, TN 37188
Made in USA