

Bioactive B-Complex Formula

Zahler B-Complex is formulated with a unique two-stage delivery system, with half of the nutrients released immediately and the other half delayed for sustained benefit and enhanced absorption.

This advanced formula includes only body-ready (coenzyme, methylated and phosphorylated) forms that don't require complex conversion.*

You may need additional supplements to support a healthy diet; consult your nutritionist for a formula that is right for you or contact us at 877-ASK-ZAHLER (877-275-9245) or ask@zahlers.com.

KEEP OUT OF REACH OF CHILDREN.

Do not use if safety seal is damaged or missing.
If pregnant, nursing or on medication, consult with your healthcare practitioner.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

KOSHER
PAREVE



UNDER THE STRICT
SUPERVISION OF
RABBI SH. STERN OF
THE ORTHODOX
UNION



Non-GMO
GLUTEN FREE
DAIRY FREE
SOY FREE



STORE TIGHTLY CLOSED
IN A COOL, DRY PLACE.



advanced
nutrition by

ZAHLER

B-Complex

Bioactive B-Complex Formula

Advanced Two-Stage Delivery System



Dietary Supplement

60 Timed Release Tablets

Feel Better,
Everyday™

Supplement Facts

Serving Size: 1 Tablet
Servings Per Container: 60

Amount Per Serving		%DV
Vitamin B2 (as Riboflavin-5-Phosphate)	2.6 mg	200%
Niacin (as Inositol Hexanicotinate)	32 mg	200%
Vitamin B6 (as Pyridoxal-5-Phosphate)	3.4 mg	200%
Folate (as [6S]-5-Methyltetrahydrofolic Acid Glucosamine Salt) (as Quatrefolic®)	200 mcg	50%
Vitamin B12 (as Methylcobalamin)	240 mcg	10,000%
Biotin	30 mcg	100%
Choline (as Choline Bitartrate)	225 mg	41%
Inositol	100 mg	*
Pantethine	15 mg	*
Benfotiamine (BenfoPure®)	2.6 mg	*

*Daily Value not established

Directions:
Take one tablet daily with food, or as directed by a healthcare practitioner.

Other Ingredients:
Hypromellose, Microcrystalline Cellulose, Dicalcium Phosphate, Stearic Acid, Magnesium Stearate, Crospovidone, Beet Root Powder (color), Silicon Dioxide.

Distributed By:
Advanced Nutrition by Zahler®
Brooklyn, NY 11230
www.zahlers.com

Quatrefolic® is a registered trademark of Gnosis S.p.A., U.S. Patent No. 7,947,662.
BenfoPure® is a registered trademark of Hamari Chemicals, Ltd.

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