

- An 8-week, randomized, double-blind, placebo-controlled study of 33 healthy men compared the effectiveness of this proprietary module of whey protein and leucine vs. an isocaloric carbohydrate placebo consumed before and after resistance training. Subjects consuming the leucine-whey protein supplement experienced greater increases in muscle strength than those on the placebo. Leucine-whey protein supplementation also increased muscle cross-sectional area from baseline. ^ When used in conjunction with an exercise program.
- * In an 8-week, randomized, double-blind, placebo-controlled study of 39 healthy male volunteers comparing 1 set resistance training (RT) * active or carbohydrate, placebo to 2 sets RT alone with no supplement, the active group showed equal gains in maximal muscle strength and muscle endurance compared to the control group



STRENGTH IN

JUST 8 WEEKS'

NOTICE: Use this product as a food supplement only. Do not use for weight reduction. Product sold by weight not volume. Significant product settling may occur.

sitol® and its associated logo is a trademark of Nutrition 21, LLC. Velositol® is patent protected.

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

For More Information: 1-888-462-2548 GNC.com



Products bearing this logo have been tested for banned substances by LGC Science, Inc., a world-class anti-doping lab.
*Product was tested for over 220 banned substances on the 2020 World Anti-Doping Agency (WADA) Prohibited List via LGC skip ot testing protocol #ICP0307.

 st These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



ADVANCED MUSCLE PERFORMANCE

WHEYBOLIC

Proven to Increase Muscle Strength & Size in Just 8 Weeks** Ultra-Pure, Fast-Digesting Whey Protein Isolate & Hydrolysates **40**G PROTEIN[‡]

15_G EAA‡

LEUCINE‡

VELOSITOL®

DIETARY SUPPLEMENT 25 SERVINGS

Servings Per Container

mount Per Servina

Saturated Fat

Fotal Carbohydrate

Includes Added Sugars

Hydrolyzed Whey Protein

* Daily Value not established.

Gluten Free. No Soy.

/elositol® (Amylopectin/Chromium Complex

Enzyme Blend (Blend of Lactase & Bromelain)

Fruit Extract, Stevia Extract, Silicon Dioxide.

rromium (as Chromium Picolinate & Chromium Histidinate)

-Leucine (from Micronized L-Leucine, Whey Protein Isolate,

Percent Daily Values are based on a 2,000 calorie diet.

condition. Discontinue use two weeks prior to surgery.

Distributed by: General Nutrition Corporation, Pittsburgh, PA 15222 USA

Total Sugars

DIRECTIONS: As a dietary supplement, consume 2 scoops in 8 fl. oz. of cold water or your favorite beverage. Wheybolic" can be consumed first thing in the morning, pre-workout and/or post-workout. For maximum results, reference usage benefits and consume 2 scoops twice daily.

40 q 80%

2% 220 mg

% Daily Value

5 q 2%†

2 q 4%†

20 q 40%†

125 mcg 357%

110 mg

3.1 a

200 mg

OTHER INGREDIENTS: Protein Blend (Whey Protein Isolate, Hydrolyzed Whey Protein), Cane Sugar, Sunflower Creamer (Sunflower Oil, Maltodextrin, Sodium Caseinate, Mono & Diglycerides, Natural Tocopherols, Tricalcium Phosphate), Natural Flavors, Salt, Xanthan Gum, Sunflower Lecithin, Monk

⚠ WARNING: Cancer and Reproductive Harm – www.P65Warnings.ca.gov. Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical

10 mg

Enhanced with More LEUCINE than Standard Whey Protein

Supplement Facts Elevated Muscle Fuel for Muscle Growth & Recovery^*

Features Only Premium, Ultra-Pure, **Fast-Digesting Protein**

Only Whey Hydrolysates and a Clinical Core of Whey Isolate & Leucine to Improve Strength ■*

Enhanced with VELOSITOL® & Leucine

To Accelerate Muscle Protein Synthesis^* 3 q 6%

For Pre-Workout & Cardio

Clinically Proven Support for Strength, Performance & Stamina •*

For Post-Workout & Cardio

Provides Fast-Digesting Whey Isolate & Hydrolysates Plus Leucine to Fuel Muscle & Support Recovery^*

On Non-Training Days & Between Meals

Provides High-Quality Protein & Critical Amino Acids to Fuel Muscles while you Recover from Intense Training^*

If it's on our labels, then it's in our bottles. Full dosing, full transparency and no proprietary blends. Clinically studied ingredients backed by real science. The most effective and premium performance protein available. Train harder

CLINICALLY PROVEN PERFORMANCE PROTEIN

500MG

‡Per 2 scoops



NET-WT 49.8 OZ (3.1 LB) 1412.5 G