

## IMPORTANT:

STORE IN A COOL DRY PLACE AND TIGHTLY CAPPED.  
KEEP OUT OF THE REACH OF CHILDREN.

**FREE OF:** Milk, Eggs, Fish, Shellfish, Tree Nuts, Peanuts, Wheat or Soy



Manufactured Exclusively by:

**KIRKMAN**

Lake Oswego, OR 97035

503.694.1600

1.800.245.8282

[KIRKMANGROUP.COM](http://KIRKMANGROUP.COM)

HYPOALLERGENIC | GLUTEN-FREE

**KIRKMAN**

**TMG**

**500 MG**

**WITH FOLATE & METHYL B-12**

**DIETARY  
SUPPLEMENT**

**120  
CAPSULES**

## SUGGESTED USE:

Take 1-2 capsules daily or as directed by a physician.

### Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 120

Each Serving Contains	Amount per Serving	% Daily Value
Folate (as Calcium Folate)	666 mcg DFE	167%
Vitamin B12 (as Methylcobalamin)	6 mcg	250%
Trimethylglycine (as Glycine Betaine)	500 mg	**

\*\*Daily Value not established

**Other Ingredients:** Dicalcium Phosphate, Vegetarian Capsule (hypromellose and water), Magnesium Stearate



0309-120 • 070120