

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222 USA

⚠ WARNING: Cancer and Reproductive Harm - www.P65Warnings.ca.gov.
Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. Inform your physician of this product's biotin content before any lab test. Biotin may cause a temporary flashing reaction. This product contains EGCG from green tea. Conforms to USP <209> for weight.

No Artificial Flavors, No Wheat, Gluten Free, No Dairy.

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

For More Information:

1-888-462-2548

GNC.com

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Multivitamin

ULTRA MEGA

WITHOUT IRON

Living well starts here.

Start your nutrition regimen with the multivitamin blend that's designed for women and provides support for your overall health.*

✔ **Clinically Studied Multivitamin Blend**
Contains a clinically studied multivitamin blend shown to work better than a basic multivitamin*

✔ **Immune Support**
Supports immune health with 30% more absorption of key immune and oxidative defense nutrients**

✔ **Brain Health**
Has choline to support memory function, plus GABA and inositol for additional brain and nerve support*

✔ **Beauty**
Includes biotin to support healthy hair, skin and nails, as well as ingredients to support skin hydration – plus it's packed with antioxidants to help protect against free radicals*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

GNC
WOMEN's

GNC
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Multivitamin

ULTRA MEGA

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Support for overall health & wellness*
Clinically proven to make you feel better^
Timed-Release



DIETARY SUPPLEMENT

180 CAPLETS/90-DAY SUPPLY

CODE Z76291
DIRECTIONS: As a dietary supplement, take two caplets daily with food.

KJG

Supplement Facts

Serving Size Two Caplets/Servings Per Container 90

Amount Per Serving	% Daily Value
Vitamin B (50% as beta-Carotene & 50% Retinyl Acetate)	1500 mcg 300%
Vitamin C (As Ascorbic Acid & Calcium Ascorbate)	200 mg 222%
Vitamin B (As Cholecalciferol)	40 mcg 200%
Vitamin E (As Natural d-alpha Tocopheryl Acetate)	20 I mg 144%
Vitamin K (As Phylloquinone)	80 mcg 80%
Thiamin (Vitamin B-1) (As Thiamin Mononitrate)	50 mg 400%
Riboflavin (Vitamin B-2)	50 mg 1040%
Niacin (As Nicotinamide & Niacin)	50 mg 100%
Vitamin B-6 (As Pyridoxine Hydrochloride)	50 mg 294%
Folate	600 mcg DFE 120%
Vitamin B-12 (As Cyanocobalamin)	50 mcg 200%
Biotin	200 mcg 800%
Pantothenic Acid (As Calcium D-Pantothenate)	50 mg 1000%
Choline (As Choline Bitartrate)	60 mg 7%
Calcium (As Calcium Carbonate, Calcium D-Pantothenate & Calcium Ascorbate)	500 mg 38%
Magnesium (As Magnesium Oxide)	50 mg 12%
Zinc (As Zinc Oxide)	15 mg 120%
Selenium (As L-Selenomethionine)	200 mcg 364%
Copper (As Copper Sulfate)	2 mg 222%
Manganese (As Manganese Sulfate)	2 mg 80%
Selenium (As Selenium Chloride)	100 mcg 141%
Molybdenum (As Sodium Molybdate)	75 mcg 100%
alpha-Lipoic Acid	25 mg *
Fruit & Vegetable Blend	70 mg *
Orange Peel Powder, Spinach Leaf Powder, Elderberry Fruit Powder, Acai Fruit Powder, Blueberry Pomace Powder, Cranberry Fruit Powder, Pomegranate Fruit Powder, Broccoli Powder, Tomato Powder, Grape Skin Powder, Carrot Powder, Papaya Fruit Powder, Pomegranate Fruit Powder, Cauliflower Powder, Kale Leaf Powder, Apple Fruit Powder, Kiwi Fruit Powder	
Green Tea Leaf Extract (Camellia sinensis) (Standardized to Polyphenols)	14 mg *
Inositol	10 mg *
Silica (As Silicon Dioxide)	4 mg *
Boron (As Sodium Borate)	2 mg *
Lutemax® Lutein	2 mg *
Grape Seed Extract (Vitis vinifera) (Standardized to Polyphenols)	1 mg *
Hyaluronic Acid (As Sodium Hyaluronate)	1 mg *
GABA (gamma-Aminobutyric Acid)	1 mg *
Cyclopent	1 mg *
Curcumin (As Curcumin Isomers)	400 mcg *
CurcuWIN® Turmeric Root Extract (Curcuma longa) (Standardized to Curcuminoids)	500 mcg *
Aloe Vera (From Aloe barbadensis miller)	50 mcg *
Vanillin (As Sodium Vanillin)	10 mcg *
Beta-Cryptoxanthin	10 mcg *

* Daily Value not established.

OTHER INGREDIENTS: Microcrystalline Cellulose, Hydroxypropyl Methylcellulose, Cellulose, Stearic Acid, Vegetable Source, Hydroxypropylcellulose, Dicalcium Phosphate, Magnesium Stearate, Vegetable Source, Titanium Dioxide (Mineral Whitener), Polyethylene Glycol, Talc, Natural Vanilla Mint Flavor, Chlorophyllin (Color), Stevia Leaf Extract.

CONTAINS: Soybeans, Fish (Anchovy, Mackerel, Sardine, Smelt, Salmon, Tuna, Cod or a Combination thereof).