

**DIRECTIONS:** As a dietary supplement, take 2 capsules twice daily, morning and evening.

This nutritional combination of ingredients helps promote cartilage regeneration and healthy joints. \*

**TAMPER EVIDENT:** Do not use this product if imprinted foil seal under cap is broken or missing.

Keep tightly closed. Store at room temperature: 59°-86°F (15° to 30°C). **KEEP OUT OF REACH OF CHILDREN.**

Mfg. in a Ko Kosher Certified, FDA Registered Facility, using Good Manufacturing Practices (GMPs)

**CAUTION:** If you are pregnant or nursing, consult your physician before taking this product.



OptMSM®

\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Mfg. for: **Foster Regal Laboratories®**

115 S.C.T. Ct., White House, TN 37188

**Made in USA**

**FOSTER REGAL®**

**The Best Choice.®**

**GLUCOSAMINE**

**2KCL**

**CHONDROITIN**

**MSM / ILEX**

**Helps Promote Cartilage  
Regeneration and Healthy Joints \***

**Gluten Free**

**Dietary Supplement**

**60 CAPSULES**

## **Supplement Facts**

Serving Size 2 Capsules

Servings Per Container 30

### **Amount Per Serving**

Glucosamine Sulfate 2KCl ..... 500 mg \*\*

Chondroitin Sulfate ..... 400 mg \*\*

MSM (as methylsulfonylmethane) 500 mg \*\*

Ilex (Ilex paraguariensis)(leaf) ..... 240 mg \*\*

**\*\* Daily Value not established.**

Other ingredients: Gelatin, vegetable cellulose, vegetable magnesium stearate, silica.

Contains crustacean shellfish (crab & shrimp) ingredients.

Conforms to USP <2091> for weight. Meets USP <2040> disintegration for maximum bioavailability.