

FOSTER REGAL®**The Best Choice.®**

B-50 B-COMPLEX

**Supports Energy
Metabolism******Gluten Free****Dietary Supplement****90 TABLETS**

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving			Amount Per Serving		
% DV			% DV		
Thiamin	50 mg	3333%	Biotin	50 mcg	17%
Riboflavin	50 mg	2941%	Pantothenic Acid	50 mg	500%
Niacin	50 mg	250%	Choline	50 mg	*
Vitamin B-6	50 mg	2500%	Inositol	50 mg	*
Folic Acid	400 mcg	100%	PABA	50 mg	*
Vitamin B-12	50 mcg	833%	* Daily Value not established.		

Ingredients: Vegetable cellulose, calcium phosphate, thiamin mononitrate, niacinamide, pyridoxine hydrochloride, calcium pantothenate, choline bitartrate, para-aminobenzoic acid, alfalfa, watercress, parsley, soy lecithin, rice bran, silica, vegetable magnesium stearate, cyanocobalamin, natural palm leaf glaze. Contains soy ingredients.
Mfg. for: **Foster Regal Laboratories®** 115 S.C.T. Ct.,
White House, TN 37188 **Made in USA**

DIRECTIONS: As a dietary supplement, take 1 tablet daily.

TAMPER EVIDENT: Do not use this product if imprinted foil seal under cap is broken or missing. Mfg. in a Ko Kosher Certified, FDA Registered Facility, using Good Manufacturing Practices (GMPs)

Keep tightly closed. Store at room temperature: 59°-86°F (15° to 30°C).

KEEP OUT OF REACH OF CHILDREN.

Conforms to USP <2091> for weight. Meets USP <2040> disintegration for maximum bioavailability. **CAUTION:** If you are pregnant or nursing consult your physician before taking this product. Contains **No Artificial Color or Flavor, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Wheat, No Yeast, No Fish,** and is Sodium Free.

** This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.