

Ginger is derived from the root of an Oriental tropical plant (*Zingiber officinale*). Ginger has been used since ancient times by the Greeks, Chinese, and others as a tonic and as a flavoring.

**Take With Food!** Do not use this product if impaired or used under close supervision. Mfg. in a GMP Facility Certified, FDA Registered Facility, using Good Manufacturing Practices (GMP).

**CAUTION:** If you are pregnant, nursing or have gallstones, consult your physician before taking this product.

Keep tightly closed.

Store at room temperature (68-88°F / 20-30°C).

**KEEP OUT OF REACH OF CHILDREN.**

Conforms to USP <1081> for weight. Meets USP <1080> disintegration for maximum bioavailability.



**FOSTERLEGAL**

The Best Choice.\*

# GINGER ROOT

550 MG

Dietary  
Supplement

Gluten Free

90 CAPSULES



## Supplement Facts

Serving Size: 1 Capsule

Amount Per Serving

Ginger Root

550mg\*

\* Daily Value not established.

Other Ingredients: Gelatin, vegetable-cellulose, silica, vegetable magnesium stearate.

**DIRECTIONS:** As a dietary supplement, take 1 capsule three times daily, preferably at mealtimes or prepare as a tea.

Mfg. for Foster Legal Laboratories, 8  
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Made in USA