

- An 8-week, randomized, double-blind, placebo-controlled study of 33 healthy men compared the effectiveness of this proprietary module of whey protein and leucine vs. an isocaloric carbohydrate placebo consumed before and after resistance training. Subjects consuming the leucine-whey protein supplement experienced greater increases in muscle strength than those on the placebo. Leucine-whey protein supplementation also increased muscle cross-sectional area from baseline.
- In an 8-week, randomized, double-blind, placebo-controlled study of 30 healthy male volunteers comparing 1 set resistance training (RT) + active or carbohydrate placebo to 2 sets RT alone with no supplement, the active group showed equal gains in maximal muscle strength and muscle endurance compared to the control group



STRENGTH IN

JUST 8 WEEKS"

NOTICE: Use this product as a food supplement only. Do not use for weight reduction. roduct sold by weight, not volume. Significant roduct settling may occur. Velositol® and its associated logo is a trademark of Nutrition 21, LLC. Velositol® is patent protected.

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

For More Information: -888-462-2548 GNC.com



Products bearing this logo have been tested for banned substances by LGC Science, Inc., a world-class anti-doping lab.
\*Product was tested for over 220 banned substances on the 2021 World Anti-Doping Agency (WADA) Prohibited List via LGC skip lot testing protocol #ICPO307.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



ADVANCED MUSCLE PERFORMANCE

WHEYBOLIC

CLINICALLY PROVEN PERFORMANCE PROTEIN

Proven to Increase Muscle Strength & Size in Just 8 Weeks\*\* Ultra-Pure, Fast-Digesting Whey Protein Isolate & Hydrolysates **40**G PROTEIN<sup>‡</sup>

15<sub>G</sub>

LEUCINE<sup>‡</sup>

**500**MG **VELOSITOL®** 

‡Per 2 scoops

Servings Per Containe

mount Per Serving

Saturated Fat

Dietary Fiber

Total Sugars

otal Carbohydrate

romium (as Chromium Picolinate & Chromium Histidinate

-Leucine (from Whey Protein Isolate, L-Leucine,

Percent Daily Values are based on a 2,000 calorie diet.

Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA

Contains a bioengineered food ingredient

igh Amylonectin Starch (Waxy Maize)

Hydrolyzed Whey Protein)

Daily Value not established.

Gluten Free, No Soy.

holesterol

# DIRECTIONS: As a dietary supplement, consume 2 scoops in 8 fl. oz. of cold water or your favorite beverage. Wheybolic" can be consumed first thing in the morning, pre-workout and/or post-workout. For maximum results, reference usage benefits and consume 2 scoops twice daily.

% Daily Value

0.5 g

10 mg

125 mcg 357%

3.1 q

250 mg

2.5 mg

OTHER INGREDIENTS: Whey Protein Isolate, Hydrolyzed Whey Protein, Cookie Crumbs (Milk Protein Isolate, Chicory Root Fiber, Palm Oil, Sugar, Alkalized Cocoa Powder, Ground Flax Seed, Sunflower Lecithin, Natural Flavor), Cocoa Powder (Processed with Alkali), Natural & Artificial Flavor,

⚠ WARNING: Cancer and Reproductive Harm – www.P65Warnings.ca.gov. Consult your physician prior to using this product if you are pregnant, nursing, taking medication or have a medical condition. Discontinue use two weeks prior to surgery.

% Daily Valu

20 ma

250 mca

Gf

# **Enhanced with More LEUCINE than** Standard Whey Protein

Supplement Facts Elevated Muscle Fuel for Muscle irowth & Recovery^\*

## Features Only Premium, Ultra-Pure, Fast-Digesting Protein

Only Whey Hydrolysates and a Clinical Core of Whey Isolate & Leucine to Improve Strength \*\*

# Enhanced with VELOSITOL® & Leucine

To Accelerate Muscle Protein Synthesis^\*

### For Pre-Workout & Cardio

# Clinically Proven Support for Strength, Performance

### For Post-Workout & Cardio

Provides Fast-Digesting Whey Isolate & Hydrolysates Plus Leucine to Fuel Muscle & Support Recovery^\*

# On Non-Training Days & Between Meals

Provides High-Quality Protein & Critical Amino Acids to Fuel Muscles While You Recover from Intense Training^\*

If it's on our labels, then it's in our bottles. Full dosing, full transparency and no proprietary blends Clinically studied ingredients backed by real science. The most effective and premium performance Sunflower Creamer (Sunflower Oil, Maltodextrin, Sodium Caseinate, Mono & Diglycerides, Tocopherols, Tricalcium Phosphate), Salt, Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), Sucralose, Acesulfame Potassium, Sunflower Lecithin, Silicon Dioxide. protein available. Train harder.

◆EAA = essential amino acids

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DIETARY SUPPLEMENT NET WT. 48.5 OZ. (3 LB.) 1375 G