

What am I?

I'm a natural sleep support supplement made with powerful plant extracts. My goal in life is to help gently coax you into a restful beauty sleep without the harsh side effects of other sleep aids.

How can I help you sleep better?

Creating a calm state of mind is an important place to start! I contain Passion Flower, Valerian Root, Lemon Balm Leaf and Ginseng to help support calmness, stress relief, and anxiety relief.*

I also contain Magnesium, which has been associated with higher serum levels of the sleep-promoting hormone Melatonin.† That brings us to Tart Cherry: a completely plant-based source of Melatonin.†

No need for animal-based or synthetic Melatonin here, just powerful plant extracts you can knock yourself out with! 😊

non-GMO // vegan // gluten-free // dairy-free
soy-free // sustainably farmed



You're a knockout

Sleep & Stress Support

Magnesium, Valerian Root, Tart Cherry and more, to promote melatonin and stress relief for a restful sleep.†

30 Servings | 60 Capsules

DIETARY SUPPLEMENT



Suggested Use: Take 2 capsules daily.

SUPPLEMENT FACTS

Servings Per Container: 30 | Serving Size: 2 Capsules

	Amount Per Serving	%DV*
Magnesium (as Magnesium Citrate)	25 mg	6%
Ora Organic You're a Knockout Blend	1100 mg	††
Organic Tart Cherry (<i>Prunus cerasus</i>) (Fruit) Powder, Organic Panax Ginseng Root Extract (4% ginsenosides), Organic Lemon Balm (<i>Melissa officinalis</i>) (Leaf), Organic Passion Flower (<i>Passiflora incarnata</i>) (Aerial) Extract, Organic Valerian (<i>Valeriana Offinatis</i>) Root Extract 4:1		

*The Percent Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.
††Daily Value (%DV) not established.

Other ingredients: Organic Tapioca Maltodextrin, Vegan Capsule (Pullulan).

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

Note: If you are pregnant, nursing, or have a medical condition, consult your qualified healthcare professional before using this product.

Contains NO dairy, gluten, soy, tree nuts, added sugars, artificial colors, flavors, sweeteners or preservatives.

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

