

DIRECTIONS: Mix each scoop (serving) of **GHOST® WHEY x OREO®** with 5-6oz of water or beverage of choice. Vary amount of liquid to taste.

GHOST® WHEY WAS CONCEIVED TO FEED SAVAGERY AROUND THE CLOCK



LEGENDS DON'T ALWAYS USE A SHAKER

GHOST® WHEY is versatile AF. Use it in smoothies, protein ice cream, oats, pancakes and baked goods. Get inspired at ghostlifestyle.com

WARNING: This product is only intended for healthy adults. Immediately discontinue use and consult a licensed, qualified healthcare professional if you experience any adverse reaction to this product.

STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS BROKEN OR MISSING. CONTENTS SOLD BY WEIGHT NOT VOLUME, SOME SETTling MAY OCCUR.

OREO and the **OREO Wafer Design** are trademarks of Mondelēz International group, used under license.

MANUFACTURED FOR GHOST LLC
5651 S Edmond Street
Las Vegas, NV 89118, U.S.A.
1-844-GHOST-88 (446-7888)

MADE IN THE U.S.A.
IN A GMP COMPLIANT FACILITY
CONTAINS INGREDIENTS OF INTERNATIONAL AND DOMESTIC ORIGIN

FOLLOW US @GHOSTLIFESTYLE

WWW.GHOSTLIFESTYLE.COM

CA PROP 65 WARNING: This product may expose you to chemicals including lead known to the State of California to cause cancer and birth defects or other reproductive harm. For more information, go to www.P65Warnings.ca.gov.



GHOST

OREO

**WHEY
PROTEIN**

26 SERVINGS | NET WT. 2.2lb (1014g)

150 | 25G
CALORIES | PROTEIN
NATURALLY AND ARTIFICIALLY FLAVORED



BE SEEN®

NUTRITION FACTS

Approx. 26 Servings per Container
Serving Size: 1 Rounded Scoop (39 grams)

Amount Per Serving	
CALORIES	150
	% Daily Value**
Total Fat 2g	3%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 260mg	11%
Total Carbohydrate 7g	3%
Dietary Fiber 1g	4%
Total Sugars 3g	
Includes 1g Added Sugars	2%
Protein 25g	50%
Vitamin D 0mcg	0%
Calcium 137mg	10%
Iron 1mg	6%
Potassium 180mg	4%

** The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: **Whey Protein** (Whey Protein Isolate 90% (Sunflower Lecithinated), Whey Protein Concentrate 80% (Sunflower Lecithinated), Hydrolyzed Whey Protein Isolate), **OREO® Cookies and Basecake** (Unbleached Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Palm and/or Canola Oil, Cocoa (Processed with Alkali), High Fructose Corn Syrup, Leavening (Baking Soda and/or Calcium Phosphate), Salt, Soy Lecithin, Chocolate, Invert Sugar, Natural and Artificial Flavor), Natural and Artificial Flavor, Salt, Cocoa (Processed with Alkali), Xanthan Gum, Titanium Dioxide, **Digestive Enzymes** (Proteases, Bromelain, Lactase), Cellulose Gum, Sucralose
Contains: Milk, Soy, Wheat

FULL DISCLOSURE PROTEIN	Whey Protein Isolate 90% Whey Protein Concentrate 80% Hydrolyzed Whey Protein Isolate	14.53g Delivering 12.5g Protein 13.16g Delivering 10g Protein 2.98g Delivering 2.5g Protein
--------------------------------	---	---

NO AMINO SPIKING

NOTICE: USE THIS PRODUCT AS A FOOD SUPPLEMENT ONLY. DO NOT USE FOR WEIGHT REDUCTION.