



For More Information: 1-888-462-2548 GNC.com



## One Daily Multivitamin

Support for overall health & wellness\*





This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. Magnesium (as Magnesium Oxide)

CODE 179628 DIRECTIONS: As a dietary supplement, take one tablet daily with food.

Supplement Facts Serving Size One Tablet		
Amount Per Serving	% Daily Value	
Vitamin A (as Retinyl Acetate)10		
Vitamin C (as Ascorbic Acid)		
Vitamin D (as Cholecalciferol)	30 mcg 150%	
Vitamin E (as d-alpha Tocopheryl Succinate)		
Vitamin K (as Phytonadione)	80 mcq67%	
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	) 1.65 mg138%	
Riboflavin (Vitamin B-2)	1.87 mg 144%	
Niacin (as Niacinamide)		
Vitamin B-6 (as Pyridoxine Hydrochloride)	2.2 mg129%	
Folate 13	360 mcg DFE340%	
(800 mc	g Folic Acid)	
Vitamin B-12 (as Cyanocobalamin)	25 mcg 1042%	
Biotin	300 mcg1000%	
Pantothenic Acid (as Calcium d-Pantothenate)		
Calcium (as Calcium Carbonate,		
Calcium d-Pantothenate & Dicalcium Phospha		
Iron (as Ferrous Fumarate)	18 mg100%	
lodine (as Potassium Iodide)	150 mcg100%	

tublet daily with root.				
acts	Amount Per Serving	% Daily Value		
	Zinc (as Zinc Oxide)	70 mcq127%		
% Daily Value	Copper (as Cupric Oxide)	2 mg 222%		
mcq RAE117%	Manganese (as Manganese Sulfate)	2 mg 87%		
100 mg 111%	Chromium (as Hydrolyzed Protein Chelate)			
30 mcg 150%	Molybdenum (as Hydrolyzed Protein Chelate)	75 mcg167%		
.23.5 mg157%	Chloride (as Potassium Chloride)	72 mg3%		
80 mcq67%	Potassium (as Potassium Chloride)	80 mg 2%		
. 1.65 mg138%	6 1 (1/-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-	10		
. 1.87 mg 144%	Cranberry (Vaccinium macrocarpon) Fruit Concentrate	10 mg		
20 mg125%	Bovine Collagen Hydrolysate	5 mn *		
2.2 mg129%	Inositol	2.5 mg *		
mcg DFE340%	Silica (as Silicon Dioxide)	2 mg *		
olic Acid)	Lutein (from Marigold [Tagetes erecta]	1 mg*		
25 mcg 1042%	Flower Extract)			
300 mcg 1000%	Zeaxanthin (as Zeaxanthin Isomers)	200 mcg*		
. 16.5 mg330%	Boron (as Hydrolyzed Protein Chelate)	150 mcq*		
. 500 mg 38%	Tin (as Stannous Chloride)	10 mcg*		
10 100W	Vanadium (as Vanadyl Sulfate)	*		
18 mg100% 150 mcg100%	Nickel (as Nickel Sulfate)	* 5 mcg*		
100 mg 24%				
100 mg 24 A	* Daily Value not established.			

OTHER INGREDIENTS: Microcrystalline Cellulose, Maltodextrin, Hydroxypropyl Methylcellulose, Croscarmellose Sodium, Stearic Acid Vegetable Source, Hydroxypropylcellulose, Titanium Dioxide (Mineral Whitener), Magnesium Stearate Vegetable Source, Choline Bitartrate, Natural Vanilla Mint Flavor, Gelatin, Vegetable Acetoglycerides, Glycerin, Modified Food Starch, Sugar, Polyethylene Glycol, Corn Starch, Polysorbate 80, dl-alpha Tocopherol, Sodium Ascorbate, Sucralose, Vegetable Oil, BHA/BHT, Carmine (Color), Magnesium Hydroxide, Sodium Aluminum Silicate, Tricalcium Phosphate.

## Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA

NARNING: Cancer and Reproductive Harm – www.P65Warnings.ca.gov. Consult your physician prior to using this product if you are pregnant, nursing, taking medication or have a medical condition. Discontinue use two weeks prior to surgery. Inform your physician of this product's biotin content before any lab test. Niacin may cause a temporary flushing reaction.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.